

# ARRO Case

## Resected Intrahepatic Cholangiocarcinoma

Stephen Rosenberg, MD (PGY-4)

Adam Burr, MD, PhD (PGY-2)

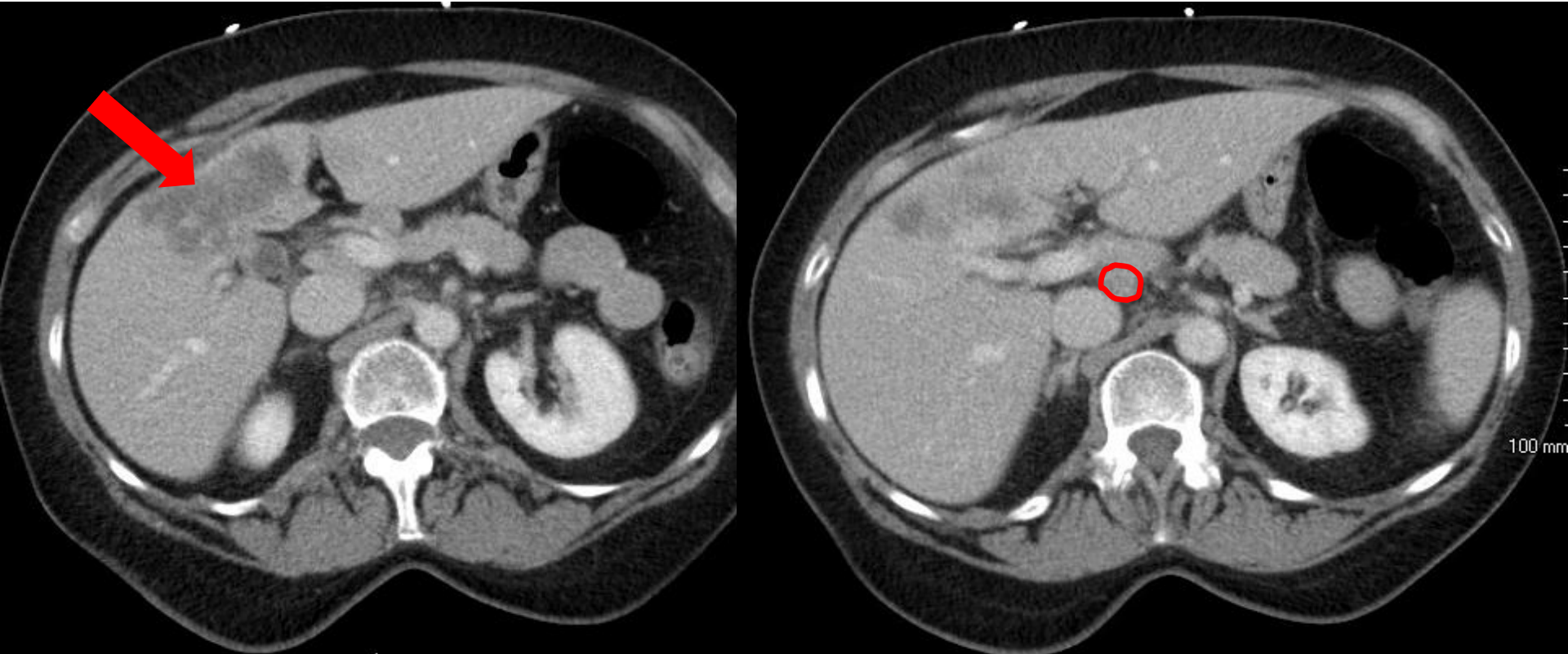
Faculty Advisor: Michael Bassetti, MD, PhD

Department of Human Oncology, University of Wisconsin

# History

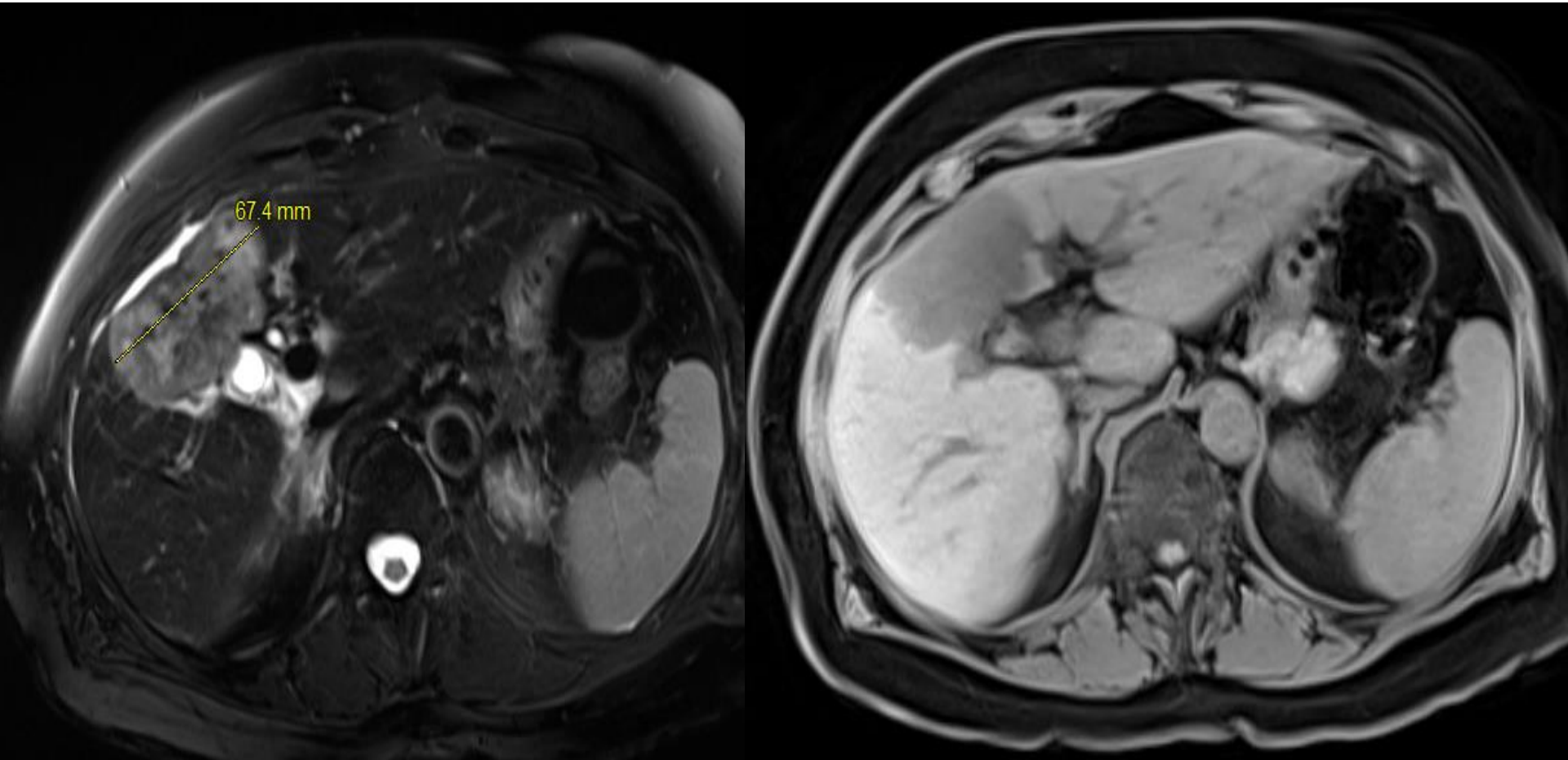
- 67-year-old woman noted acute onset of right upper quadrant abdominal pain associated with nausea and non-bilious and non-bloody emesis. This was associated with 30 lb weight loss, fatigue, and loss of appetite over a few months.
- She was sent for an abdominal ultrasound that showed a 4-5 cm hypoechoic lobulated mass in the liver adjacent to the gallbladder. There was no definitive biliary dilatation. CT of the abdomen and pelvis and an MRI abdomen was ordered.

# CT Abdomen and Pelvis



Ill-defined hypodense lesion measuring 3 x 6.1 x 4.5 cm involving segments 4B and 5. A small portion of segment 4A was involved, with associated liver capsular contraction. There was also noted to be 1 enlarged necrotic portocaval lymph node.

# MRI Imaging



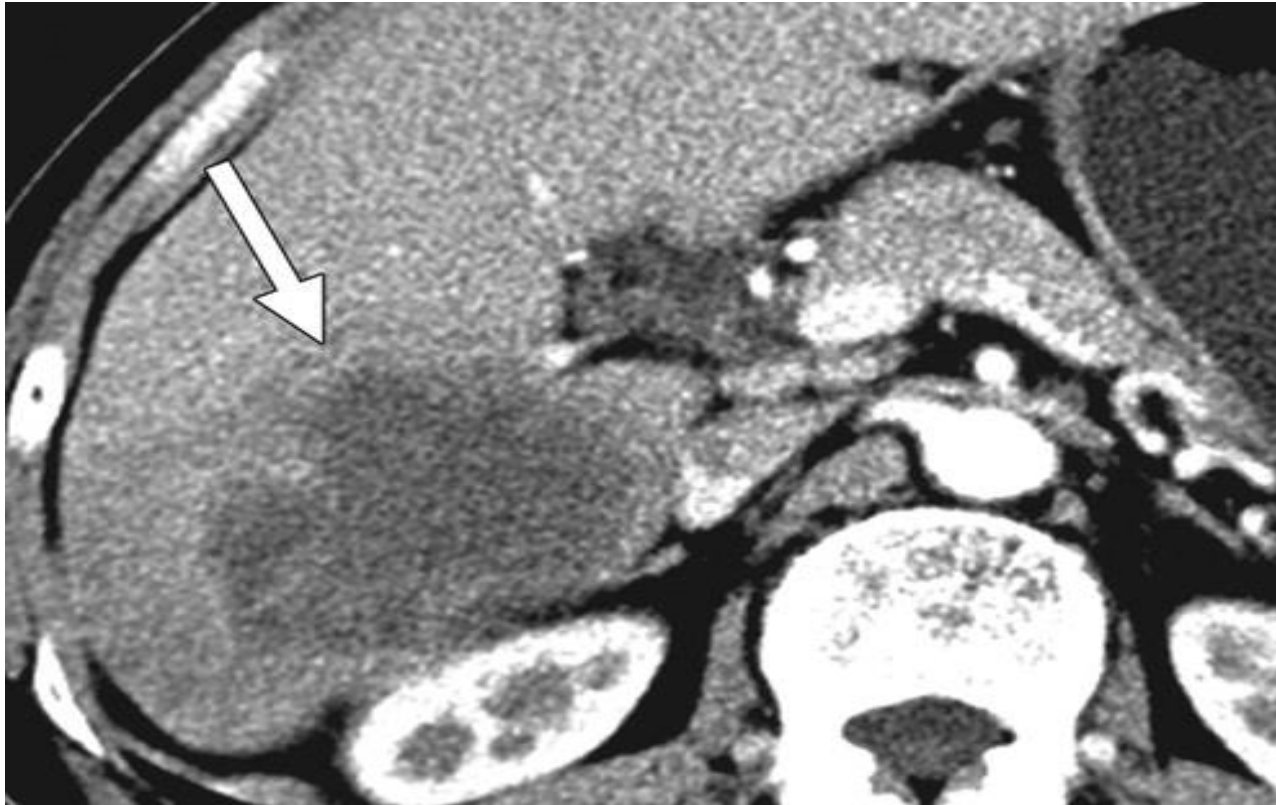
On MRI the tumor measured 6.9 x 4.2 x 5.2 cm, most likely thought to be cholangiocarcinoma.

# Differential Diagnosis

- Hepatocellular Carcinoma (HCC)
- Intrahepatic Cholangiocarcinoma
- Metastatic Disease
- Gallbladder Carcinoma

**Imaging Key Point: On multiphase CT scan HCC often enhances on the arterial phase while the intrahepatic cholangiocarcinoma has a delayed enhancement.**

# Arterial Enhancement



Arterial phase CT scan shows a tumor with ragged rim enhancement at the periphery (arrow) consistent with ICC.

Chung Y.E., *et al. Radiographics*, 2009

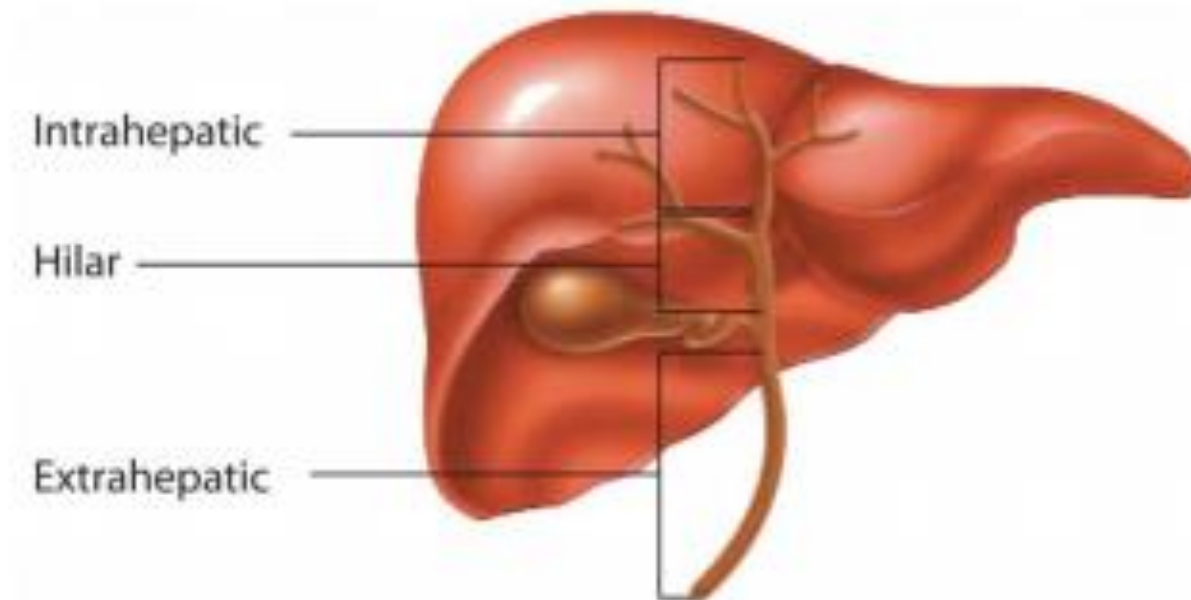


# Incidence & Risk Factors

- ~10,000 cases of cholangiocarcinoma & gall bladder cancers a year
- ~3,500 deaths a year
- Cholangiocarcinoma is broken down by site:
  - 10% intrahepatic
  - 60% perihilar
  - 30% extrahepatic
- **ICC is the 2<sup>nd</sup> most common primary hepatic malignancy following HCC**

Shaib, *et al.* *Gastroenterology*, 2005

# Location of Cholangiocarcinoma



Patel T, et al. *Nat Clin Pract Gastroenterol Hepat* , 2006



# Risk Factors

- Risk Factors (causes of biliary or hepatic inflammation):
  - Primary Sclerosing Cholangitis and IBD
  - Choledochal cysts
  - Liver flukes (Southeast Asia)
  - Cirrhosis (OR = 29, SEER analysis)
  - Alcoholic liver disease (OR = 7.4, SEER analysis)
  - Hepatitis C (OR = 6.1, SEER analysis)
  - HIV (OR = 5.9, SEER analysis)

Shaib, *et al.* *Gastroenterology*, 2005

# Presentation & Natural History

- Patients present with malaise, nausea, abdominal pain, and jaundice.
- Intrahepatic CC has 20-30% risk of LN metastases (less than extrahepatic or hilar)
- Lymph node drainage: pericholedochal, portal vein, common hepatic artery, pancreaticoduodenal, celiac/SMA

# Intrahepatic CC Staging

NCCN

National  
Comprehensive  
Cancer  
Network®

**NCCN Guidelines Version 2.2016**  
**Staging**

[NCCN Guidelines Index](#)  
[Hepatobiliary Cancers Table of Contents](#)  
[Discussion](#)

**Table 3**  
**American Joint Committee on Cancer (AJCC)**  
**TNM Staging for Intrahepatic Bile Duct Tumors (7th ed., 2010)**

**Primary Tumor (T)**

- TX** Primary tumor cannot be assessed
- T0** No evidence of primary tumor
- Tis** Carcinoma *in situ* (intraductal tumor)
- T1** Solitary tumor without vascular invasion
- T2a** Solitary tumor with vascular invasion
- T2b** Multiple tumors, with or without vascular invasion
- T3** Tumor perforating the visceral peritoneum or involving the local extra hepatic structures by direct invasion
- T4** Tumor with periductal invasion

**Regional Lymph Nodes (N)**

- NX** Regional lymph nodes cannot be assessed
- N0** No regional lymph node metastasis
- N1** Regional lymph node metastasis present

**Distant Metastasis (M)**

- M0** No distant metastasis
- M1** Distant metastasis present

**Anatomic Stage/Prognostic Groups**

<b>Stage 0</b>	Tis	N0	M0
<b>Stage I</b>	T1	N0	M0
<b>Stage II</b>	T2	N0	M0
<b>Stage III</b>	T3	N0	M0
<b>Stage IVA</b>	T4	N0	M0
	Any T	N1	M0
<b>Stage IVB</b>	Any T	Any N	M1

**Histologic Grade (G)**

- G1** Well differentiated
- G2** Moderately differentiated
- G3** Poorly differentiated
- G4** Undifferentiated

**PRESENTATION**

**WORKUP**

**PRIMARY TREATMENT**

[See Additional Therapy and Surveillance \(INTRA-2\)](#)

Isolated intrahepatic mass<sup>a</sup>  
(imaging characteristics consistent with malignancy but not consistent with hepatocellular carcinoma)  
(See [NCCN Guidelines for Occult Primary Cancers](#))

- H&P
- CT/MRI with IV contrast
- Chest CT
- Consider CEA<sup>b</sup>
- Consider CA 19-9<sup>b</sup>
- LFTs
- Surgical consultation<sup>c</sup>
- Esophagodenoscopy (EGD) and colonoscopy
- Consider viral hepatitis serologies
- Biopsy<sup>a</sup>
- Consider AFP

Anywhere from 30-90% are resectable

Resectable<sup>a</sup>

Unresectable

Metastatic disease

- Consider staging laparoscopy<sup>d</sup>
- Resection<sup>a</sup>
  - ▶ Consider lymphadenectomy for accurate staging

- Options:<sup>e</sup>
- Gemcitabine/cisplatin combination therapy<sup>f</sup> (category 1)
  - Clinical trial<sup>g</sup>
  - Fluoropyrimidine-based or other gemcitabine-based chemotherapy regimen<sup>f</sup>
  - Fluoropyrimidine chemoradiation<sup>h</sup>
  - Locoregional therapy (category 2B)
  - Best supportive care

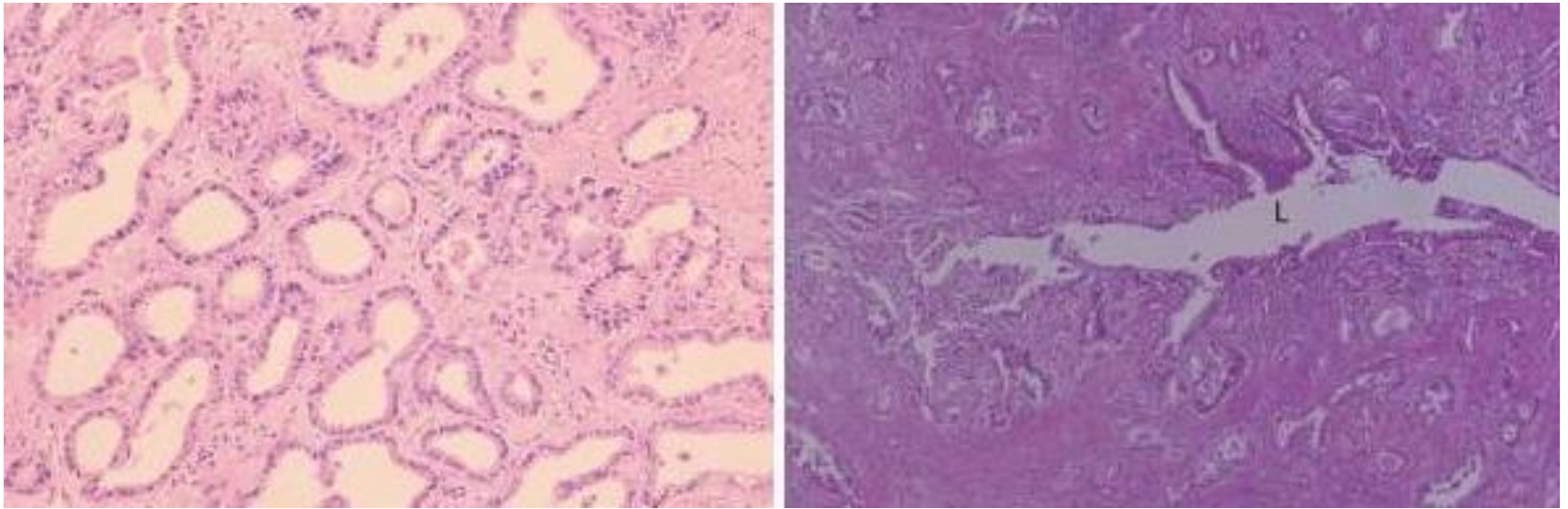
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  - Best supportive care

<sup>a</sup>See [Principles of Surgery \(INTRA-A\)](#)

<sup>b</sup>CEA and CA 19-9 are baseline tests and should not be done to confirm diagnosis.

<sup>c</sup>Consult with multidisciplinary team.

# Biopsy & Pathology



- Most often adenocarcinoma but other rare histologies occur (mucinous, clear cell, sarcomatous)
- Typical appearance of adenocarcinoma consistent with cholangiocarcinoma. (L: bile duct lumen)
- Biopsy of her mass was an adenocarcinoma consistent with cholangiocarcinoma

Nakanuma, et al., *World Journal Hepat* 2010

# Surgical resection

- She underwent an exploratory laparotomy and extended right hepatectomy with celiac and portal lymphadenectomy.
- In recent large series, only 50% of surgeries included LN dissection.
- Most common surgery was hemihepatectomy (42.1%) followed by extended hemihepatectomy (31%).
- 81% R0 resection rate in large multi-institutional series.

Jong, et al., *JCO* 2011



# Surgical Pathology

- 6.5 x 6.3 x 3.8 cm, moderately differentiated adenocarcinoma
- Negative margins
- 1/1 common hepatic LNs involved and 2/2 portal lymph nodes involved
- Final diagnosis is Stage IVA (pT2a pN1c M0) intrahepatic cholangiocarcinoma.



# Prognostic factors

- 449 patients analyzed in recent surgical series.
- Tumor size **NOT** associated with prognosis (mean =6.5cm)
- 5 year OS was 30-35%.
- Vascular invasion, tumor number, **positive margin and LN involvement were all associated with worse OS.**
- **Estimated 20-30% risk of LN involvement.**

Jong, et al., *JCO* 2011

Would this patient benefit from  
adjuvant treatment?

## Intrahepatic Cholangiocarcinoma: expert consensus statement

Sharon M. Weber<sup>1</sup>, Dario Ribero<sup>2</sup>, Eileen M. O'Reilly<sup>3</sup>, Norihiro Kokudo<sup>4</sup>, Masaru Miyazaki<sup>5</sup> & Timothy M. Pawlik<sup>6</sup>

<sup>1</sup>Department of Surgery, University of Wisconsin, Madison, WI, USA, <sup>2</sup>Department of General Surgery and Surgical Oncology, Mauriziano 'Umberto I' Hospital, Turin, Italy, <sup>3</sup>Department of Medical Oncology, Memorial Sloan-Kettering Cancer Center, New York, NY, USA, <sup>4</sup>Hepato-Biliary-Pancreatic Surgery Division, Artificial Organ and Liver Transplantation Division, Department of Surgery, Graduate School of Medicine, University of Tokyo, Tokyo, Japan, <sup>5</sup>Department of Surgery, Chiba University Graduate School of Medicine, Chiba, Japan, and <sup>6</sup>Department of Surgery, Johns Hopkins Hospital, Baltimore, MD, USA

- No adequate prospective randomized Phase III trials for recommendations on adjuvant therapy.
- No known benefit of adjuvant therapy in margin and node negative patients but with high risk features (positive LVSI, multi-centric tumors, large tumors) should enroll on clinical trial
- Margin-positive or LN positive, systemic therapy with gemcitabine, 5FU, or chemoXRT should be considered

## SWOG S0809: A Phase II Intergroup Trial of Adjuvant Capecitabine and Gemcitabine Followed by Radiotherapy and Concurrent Capecitabine in Extrahepatic Cholangiocarcinoma and Gallbladder Carcinoma

*Edgar Ben-Josef, Katherine A. Guthrie, Anthony B. El-Khoueiry, Christopher L. Corless, Mark M. Zalupski, Andrew M. Lowy, Charles R. Thomas Jr, Steven R. Alberts, Laura A. Dawson, Kenneth C. Micetich, Melanie B. Thomas, Abby B. Siegel, and Charles D. Blanke*

- No direct prospective Phase II/III data to guide adjuvant treatment.
- Our institution extrapolates SWOG 0809 to guide treatment of ICCs.
- N=79 patients, 2 year survival 65% and median OS 35 months (Well tolerated and better than historical controls)

# SWOG S0809

- pT2-T4 or N+ or positive margin resected extrahepatic CC or gallbladder carcinoma
- 45 Gy to LNs in 25 fractions (retropancreaticoduodenal, celiac, and portal)
- 54 – 59.4 Gy delivered with 3D planning (28 fractions)
- 52.5 - 55 Gy delivered via IMRT (25 fractions)



Ben-Josef, *JCO*, 2016

# Meta-analysis of Adjuvant Therapy

- Recent meta-analysis of 20 studies with 6,712 patients were analyzed. Gall bladder and biliary tumors were included.
- No benefit of adjuvant treatment to unselected patients (OR=0.74 p=0.06).
- Lymph node positive disease (OR 0.49, p=0.004) or R1 resection (OR 0.36 p=0.002) benefit from AT.
- Chemotherapy or chemoradiation has a benefit over RT alone (p=0.02)

Horgan, et. Al, *JCO*, 2012

# Post-Surgical CT



No evidence of disease. Potential hematoma at resection margin.



# Adjuvant Chemotherapy

As a result of LN involvement, she underwent 4 cycles of adjuvant gemcitabine and capecitabine.

She tolerated chemotherapy well and is now presenting to the Radiation Oncology Clinic to discuss the need for radiation.

# History Continued

**PMH/PSH:** Hypothyroidism, Osteopenia, Laparoscopy and Partial Hepatectomy

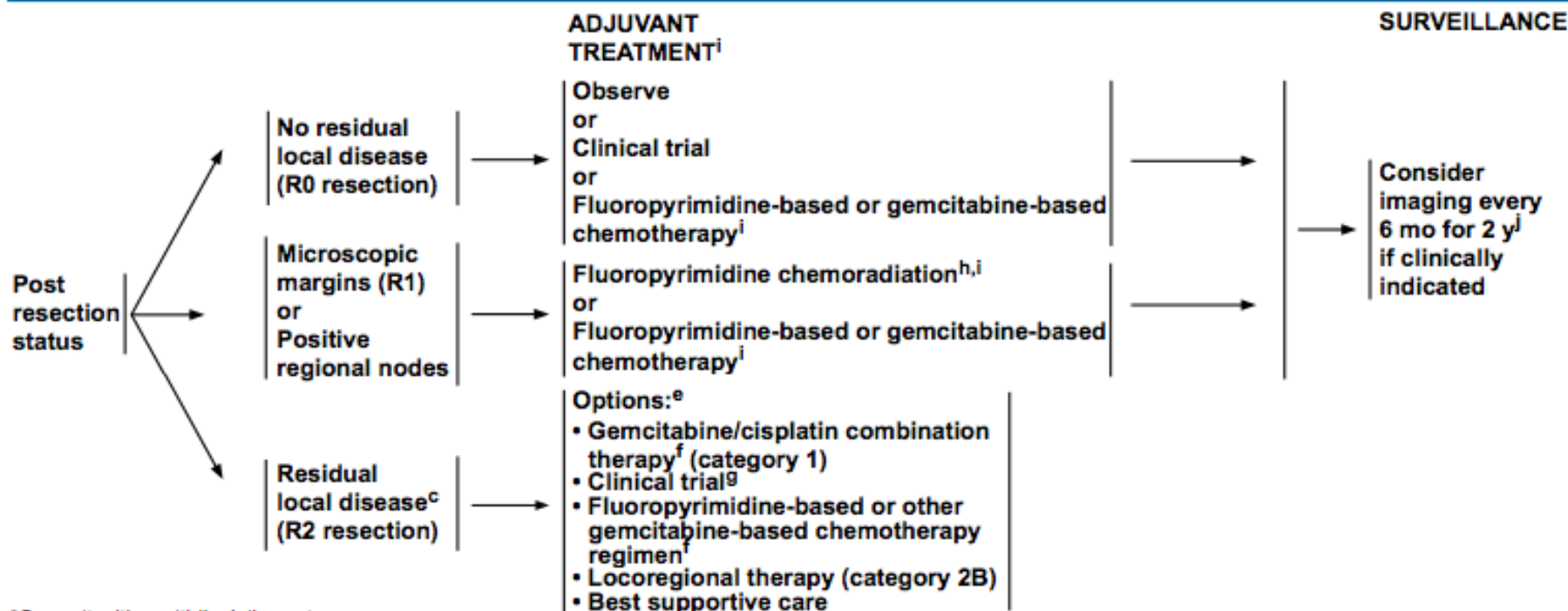
**Medications:** Capecitabine, Gemcitabine, Colace, Levothyroxine

**Allergies:** Hydromorphone, Naproxen

**Family History:** Her mother had a history of malignancy not known by patient. She reports she had an aunt with questionable bone cancer.

**Social History:** She is a nonsmoker and reports social alcohol use in the past. She is married with 4 children.

**ROS:** Fatigue throughout the past few months. She is down 30-40 lbs over a 6-7 month period. She has mild right upper quadrant discomfort. She denies nausea/vomiting, melena, hematochezia, fevers/chills, chest pain, shortness of breath, or other changes.



<sup>c</sup>Consult with multidisciplinary team.

<sup>e</sup>Order does not indicate preference. The choice of treatment modality may depend on extent/location of disease and institutional capabilities.

<sup>f</sup>A phase III trial supporting gemcitabine/cisplatin has been reported for patients with advanced or metastatic biliary tract cancer. (Valle JW, Wasan HS, Palmer DD, et al. Cisplatin plus gemcitabine versus gemcitabine for biliary tract cancer. *N Engl J Med* 2010;362:1273-1281.) Clinical trial participation is encouraged. There are phase II trials that support the following combinations: gemcitabine/oxaliplatin, gemcitabine/capecitabine, capecitabine/cisplatin, capecitabine/oxaliplatin, 5-fluorouracil/oxaliplatin, 5-fluorouracil/cisplatin, and the single agents gemcitabine, capecitabine, and 5-fluorouracil in the unresectable or metastatic setting. (Hezel AF and Zhu AX. Systemic therapy for biliary tract cancers. *Oncologist* 2008;13:415-423).

<sup>g</sup>Systemic or intra-arterial chemotherapy may be used in a clinical trial or at experienced centers.

<sup>h</sup>There are limited clinical trial data to define a standard regimen or definitive benefit. Participation in clinical trials is encouraged. (Macdonald OK, Crane CH.

Palliative and postoperative radiotherapy in biliary tract cancer. *Surg Oncol Clin N Am* 2002;11:941-954)

<sup>i</sup>Adjuvant chemotherapy or chemoradiation has been associated with survival benefit, in patients with biliary tract cancers, especially in patients with lymph node-positive disease. (Horgan AM, Amir E, Walter T, Knox JJ. Adjuvant therapy in the treatment of biliary tract cancer: a systemic review and meta-analysis. *J Clin Oncol* 2012;30:1934-1940). However, this meta-analysis included only a few patients with intrahepatic cholangiocarcinoma. There are no randomized phase III clinical trial data to support a standard adjuvant regimen. Clinical trial participation is encouraged. There are phase II trials that support the following combinations: gemcitabine/cisplatin, gemcitabine/oxaliplatin, gemcitabine/capecitabine, capecitabine/cisplatin, capecitabine/oxaliplatin, 5-fluorouracil/oxaliplatin, 5-fluorouracil/cisplatin, and the single agents gemcitabine, capecitabine, and 5-fluorouracil in the unresectable or metastatic setting. (Hezel AF and Zhu AX. Systemic therapy for biliary tract cancers. *Oncologist* 2008;13:415-423).

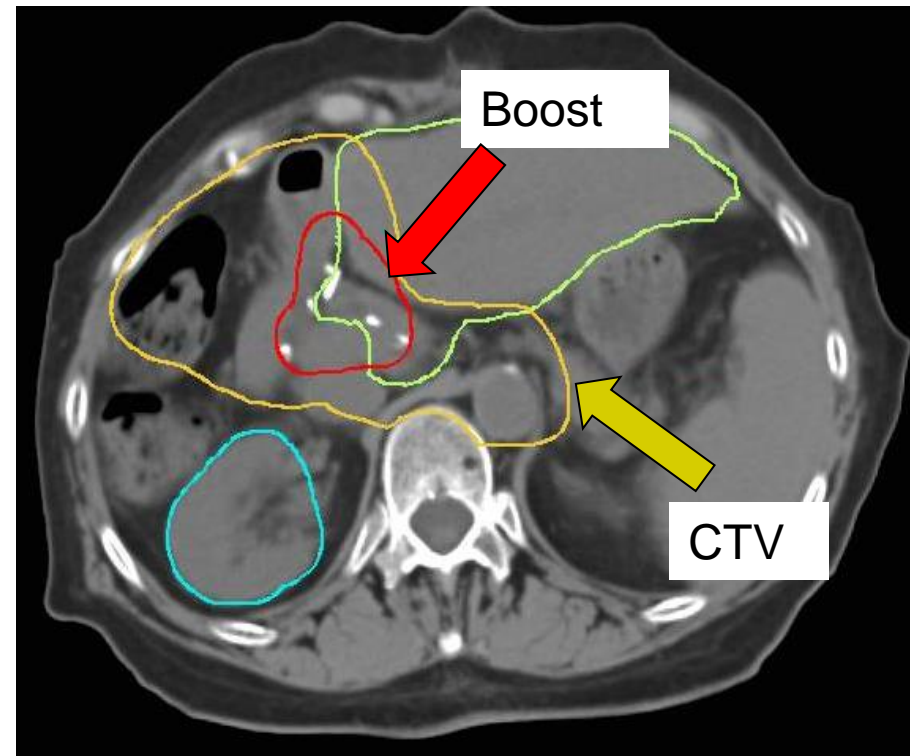
<sup>j</sup>There are no data to support aggressive surveillance. There should be a patient/physician discussion regarding appropriate follow-up schedules/imaging.

**Note:** All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

# Radiation Treatment Planning

- LN Basin and Surgical Tumor Bed: CTV
- LN Basin:
  - pN0: pericholedochal lymph nodes only with negative lymph node dissection
  - pN+: porta hepatis, hepatic artery, pancreaticoduodenal, celiac, and SMA
- CTV to 45 Gy at 1.8 Gy/fx
- Boost 5-15 Gy to surgical bed
- Concurrent Capecitabine

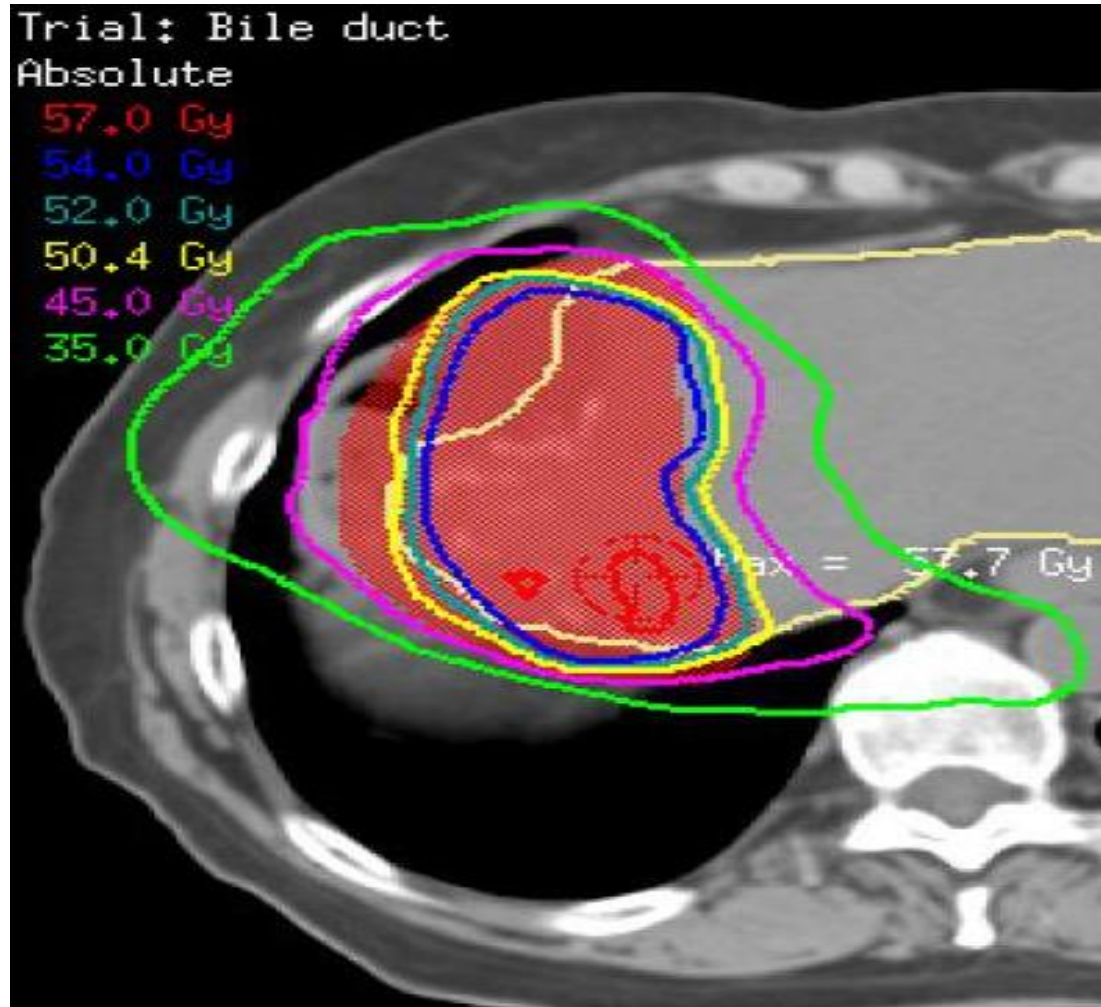


# Simulation

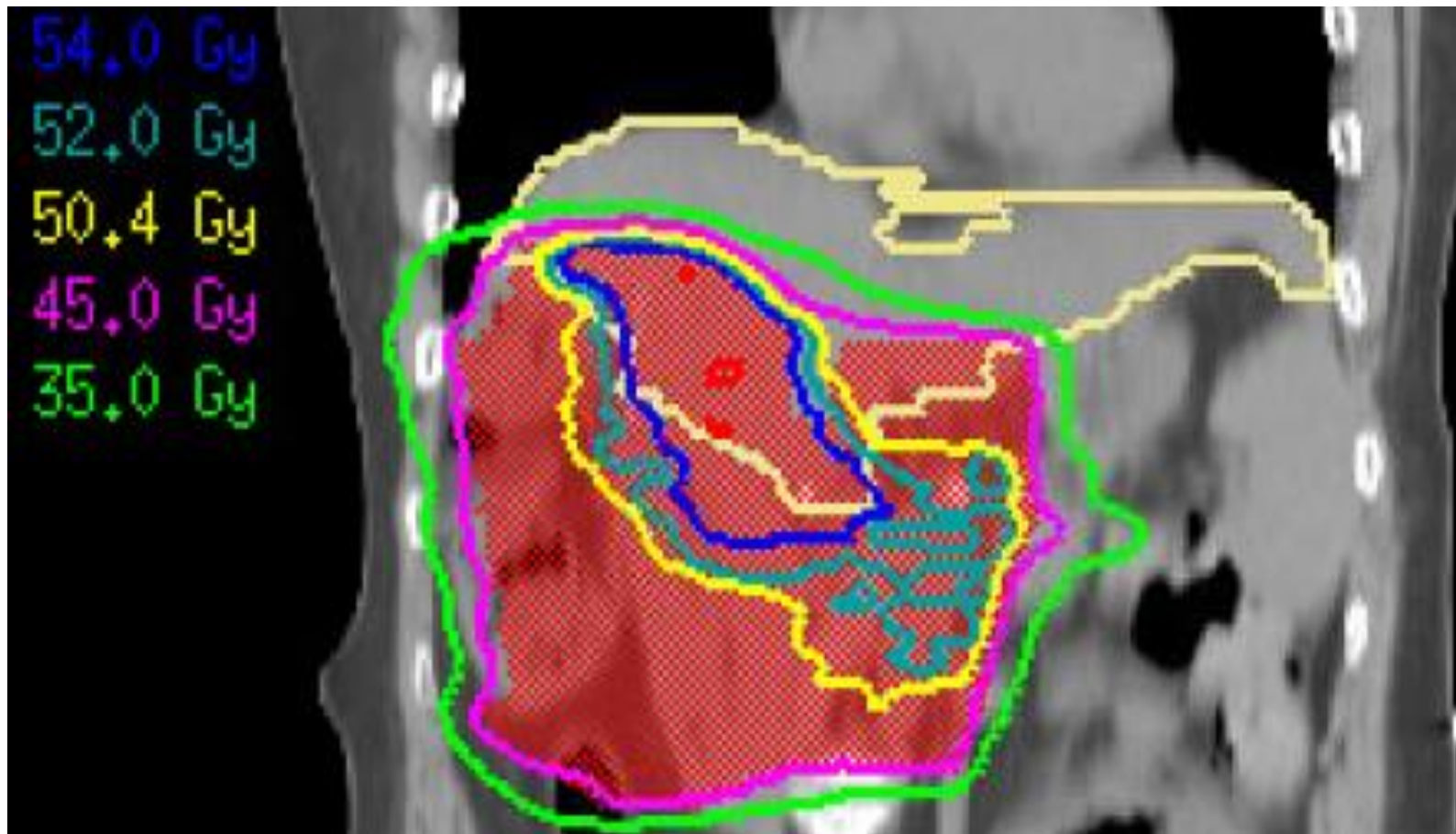
- Arms up with body-fix
- 2 mm slices
- Free breathing CT and 4-D CT to assess motion
- Contrast optional to help delineate vessels depending on coverage needed



# Radiation Treatment Plan



# Radiation Treatment Plan





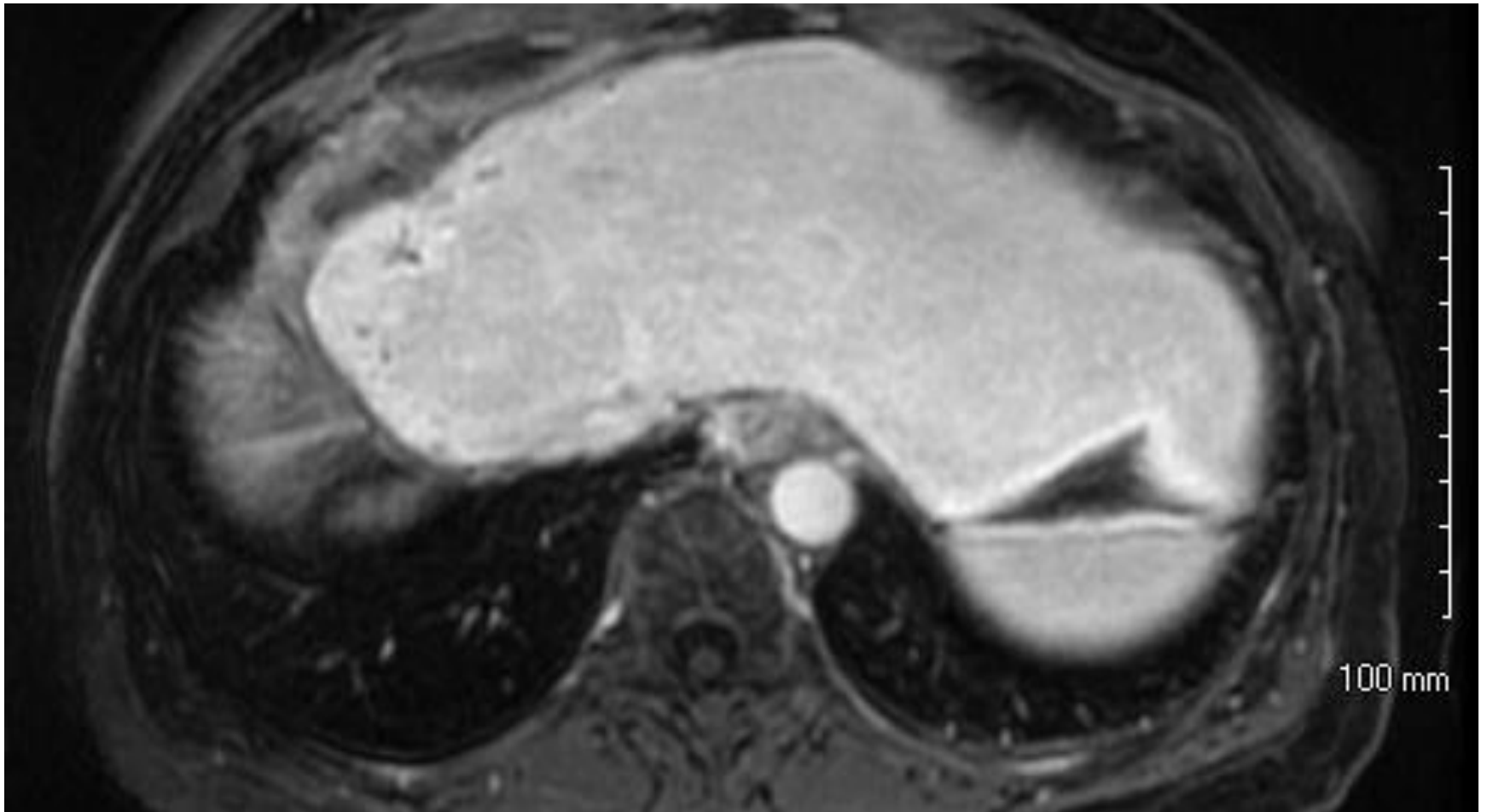
# Dose Constraints

Organ	Constraint
SpinalCord	V45 Gy < 0.1 cc
SpinalCord_PRV_05	V50 Gy < 0.1 cc
CaudaEquina	V37.5 Gy < 0.1 cc
CaudaEquina_PRV_05	V50 Gy < 0.1 cc
Heart	V40 Gy < 60%
	V45 Gy < 40%
	V60 Gy < 20%
	Dmean < 30 Gy
Esophagus	V60 Gy ≤ 20%
	V50 Gy ≤ 30%
	Dmean ≤ 30 Gy
	V105% RxPTV < 0.1 cc
Esophagus_PRV_05	V60 Gy ≤ 0.1 cc
Stomach	V54 Gy ≤ 0.1 cc
BowelBag	V55 Gy ≤ 0.1 cc
Skin	V50 Gy ≤ 0.1 cc
Liver-PTV	Mean < 25
Kidney	Mean < 15
	V20 < 30%

# Follow-up After Treatment

- Physical exam and imaging every 6 months for the first two years

# Follow-up



No evidence of disease 10 months after treatment

# Unresectable Disease

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ORIGINAL REPORT

## Ablative Radiotherapy Doses Lead to a Substantial Prolongation of Survival in Patients With Inoperable Intrahepatic Cholangiocarcinoma: A Retrospective Dose Response Analysis

*Randa Tao, Sunil Krishnan, Priya R. Bhosale, Milind M. Javle, Thomas A. Aloia, Rachna T. Shroff, Ahmed O. Kaseb, Andrew J. Bishop, Cameron W. Swannick, Eugene J. Koay, Howard D. Thames, Theodore S. Hong, Prajnan Das, and Christopher H. Crane*

- In unresectable intrahepatic cholangiocarcinoma achieving BED >80.5 significant benefit in local control and overall survival (3 year OS 73% vs. 38%)
- Historical median survival for unresectable cholangiocarcinoma <1 year
- Common regimen: 67.5 Gy in 15 fractions or 75 Gy in 25 fractions
- Being further tested in clinical trials

ORIGINAL ARTICLE

## Cisplatin plus Gemcitabine versus Gemcitabine for Biliary Tract Cancer

- In locally advanced or metastatic biliary tract cancers
- Phase 2 study cisplatin+gemcitabine vs. gemcitabine
- N=410 patients, median follow-up 8.2 months:
- 11.7 vs. 8.1 median OS ( $p<0.001$ )
- Median PFS 8.0 vs. 5.0 months ( $p<0.001$ )
- Similar adverse events (more neutropenia in cisplatin-gem group)

# Summary

- Intrahepatic CC Rare
- Anywhere from 30-90% are resectable
- Limited prospective data
- Potential indications for adjuvant therapy include R1 resections or positive lymph nodes
- Extrapolation of SWOG0809 for post-operative treatment
- Hypofractionation (3-4.5 Gy/fx) for unresectable disease