

AMERICAN SOCIETY FOR RADIATION ONCOLOGY

ASTRO Legislative Priorities

ASTRO
TARGETING CANCER CARE

2015

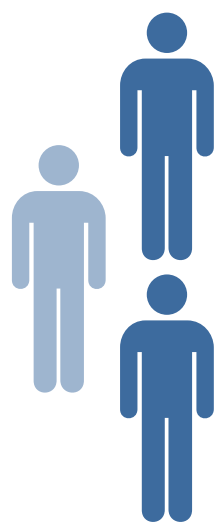
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Radiation Oncology Overview



**NEARLY
TWO-THIRDS**
OF ALL CANCER PATIENTS
WILL RECEIVE
RADIATION THERAPY.

- Radiation oncology is one of the three primary treatments for cancer.
- Radiation can be given to cure cancer, either alone or in combination with surgery and/or chemotherapy.
- It may also be used to relieve pain for patients with incurable cancers.
- Breast, prostate and lung cancer patients make up more than half of all patients receiving radiation therapy.
- There are approximately 5,000 radiation oncologists in the United States.



IN **2014**, IT WAS
ESTIMATED
THAT THERE WOULD BE
1,665,540 NEW
CANCER DIAGNOSES.

Protect Patients and Medicare by Ending Self-referral Abuse



Protect Patients and Medicare by Ending Self-referral Abuse



The physician self-referral law, the Ethics in Patient Referrals Act, prohibits physicians from referring a patient to a medical facility in which he or she has a financial interest to ensure that medical decisions are made in the best interest of the patient without consideration of any financial gain that could be realized by the referring physician.

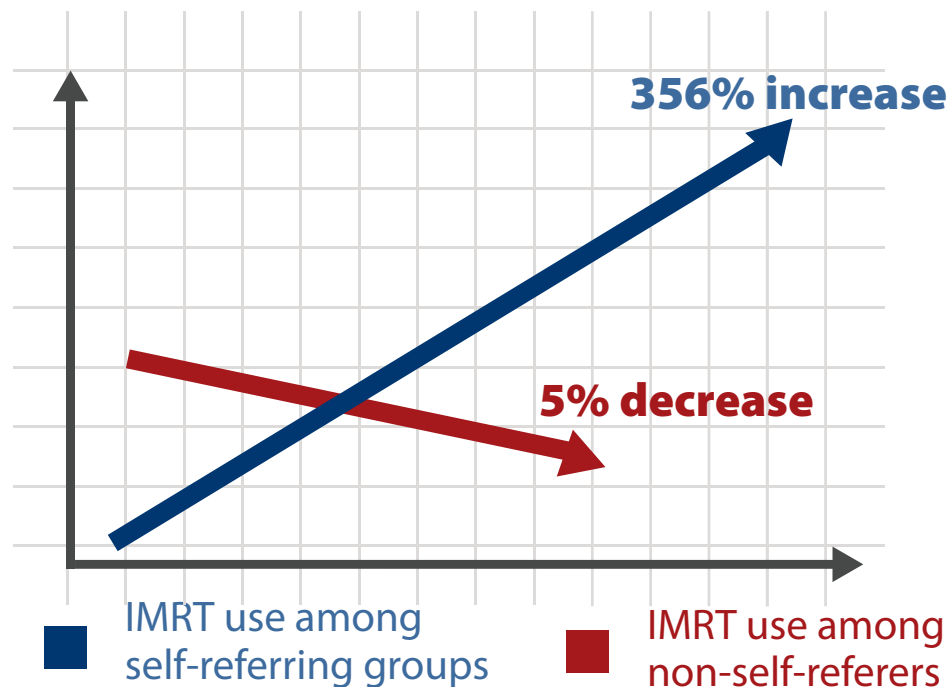
Unfortunately, a loophole—the in-office ancillary services (IOAS) exception—allows physicians to refer their patients for radiation oncology treatments and certain other services in which they have a financial interest.

Medicare is then billed for often more expensive services, regardless of whether or not these treatments are in the best interest of the patient.

Independent studies show that abuse of the IOAS exception has led to increased costs to patients and the Medicare program, as well as inappropriate use of diagnostic and therapeutic services.

Commissioned in 2010 by a bipartisan and bicameral congressional contingent, the GAO issued four reports demonstrating widespread abuse of the self-referral loophole, leading to increased costs for patients and Medicare.

The **GAO Report** Found From 2006-2010



- IMRT use among self-referring groups **increased by 356 percent**. Overall increases in IMRT utilization rates and spending were due entirely to services performed by limited-specialty urology groups. IMRT utilization among non-self-referrers **decreased by 5 percent**.
- The number of IMRT services performed by limited specialty urology groups **increased by 509 percent**, while true multi-specialty groups' IMRT use **decreased by 3.8 percent**.
- IMRT spending by self-referral groups **increased** by approximately **\$138 million**, compared to a **\$91 million decrease** in the non-self-referral group.
- Self-referring centers referred **more than 50 percent** of men over the age of 75 for IMRT at self-referring centers. For these men, guidelines recommend active surveillance of their disease and the avoidance of aggressive treatment such as IMRT.

A Study Published In ***The New England Journal of Medicine*** Found From 2005-2010



- Men seen by *self-referring urologists* were **2.79 times more likely** to receive IMRT than men seen by non-self-referring counterparts.
- Men were **6.18 times more likely** to receive IMRT when seen by *self-referring urologists* than those treated at NCCN Cancer centers.
- IMRT utilization among self-referring groups **increased from 13.1 percent to 32.3 percent** once they became self-referrers, an increase of 19.2 percentage points.
- Urologists who acquired ownership of IMRT services **increased** their use of IMRT **substantially** more than urologists who did not own radiation therapy services.
- There have been decreases in utilization of other effective, less expensive treatment options by self-referring urologists. Use of **brachytherapy decreased by 14.9 percentage** points to just 2.7 percent of patients receiving this treatment in self-referring urology practices.
- IMRT utilization among the subset of 11 self-referring urology practices near NCCN centers **increased from 9 percent to 42 percent**, an increase of 33 percentage points (367 percent).



THE PRESIDENT'S
FY 2016 BUDGET
PROPOSED CLOSING
THE SELF-REFERRAL LOOPHOLE
FOR THE THIRD
CONSECUTIVE YEAR.

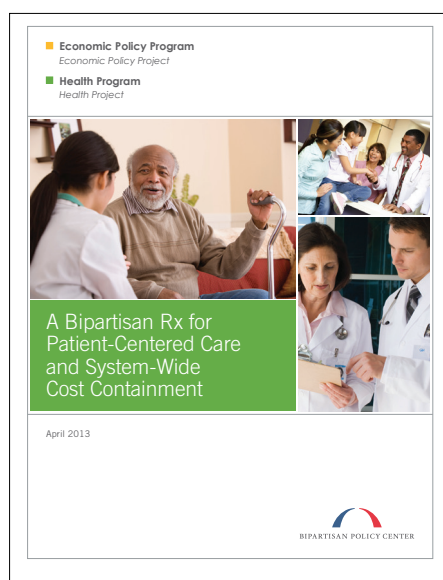


The Congressional Budget Office
estimates a **savings** of
\$3.5 billion
over 10 years
by closing the self-referral loophole.

Stakeholder Support

AARP endorsed closing the self-referral loophole in a December 2014 letter. AARP said it strongly supports ending the IOAS exception to protect patients from unnecessary care caused by abusive, profit-motivated practices.

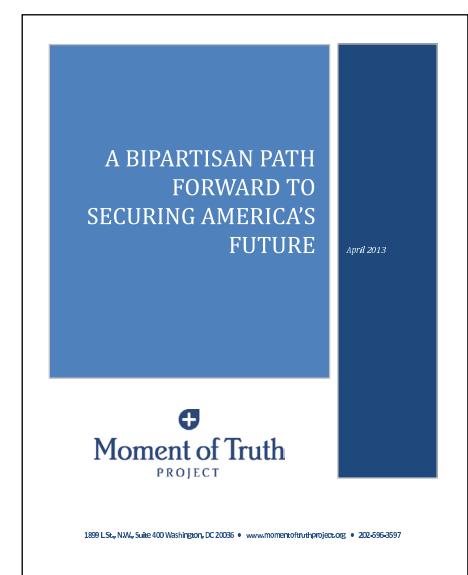
“Closing the in-office ancillary services exception for certain services will save taxpayers and Medicare beneficiaries money and reduce unnecessary care.”



April 2013: The Bipartisan Policy Center recommends limiting the self-referral exception to providers participating in advanced payment models.

April 2013: Erskine Bowles and Alan Simpson, Moment of Truth Project.

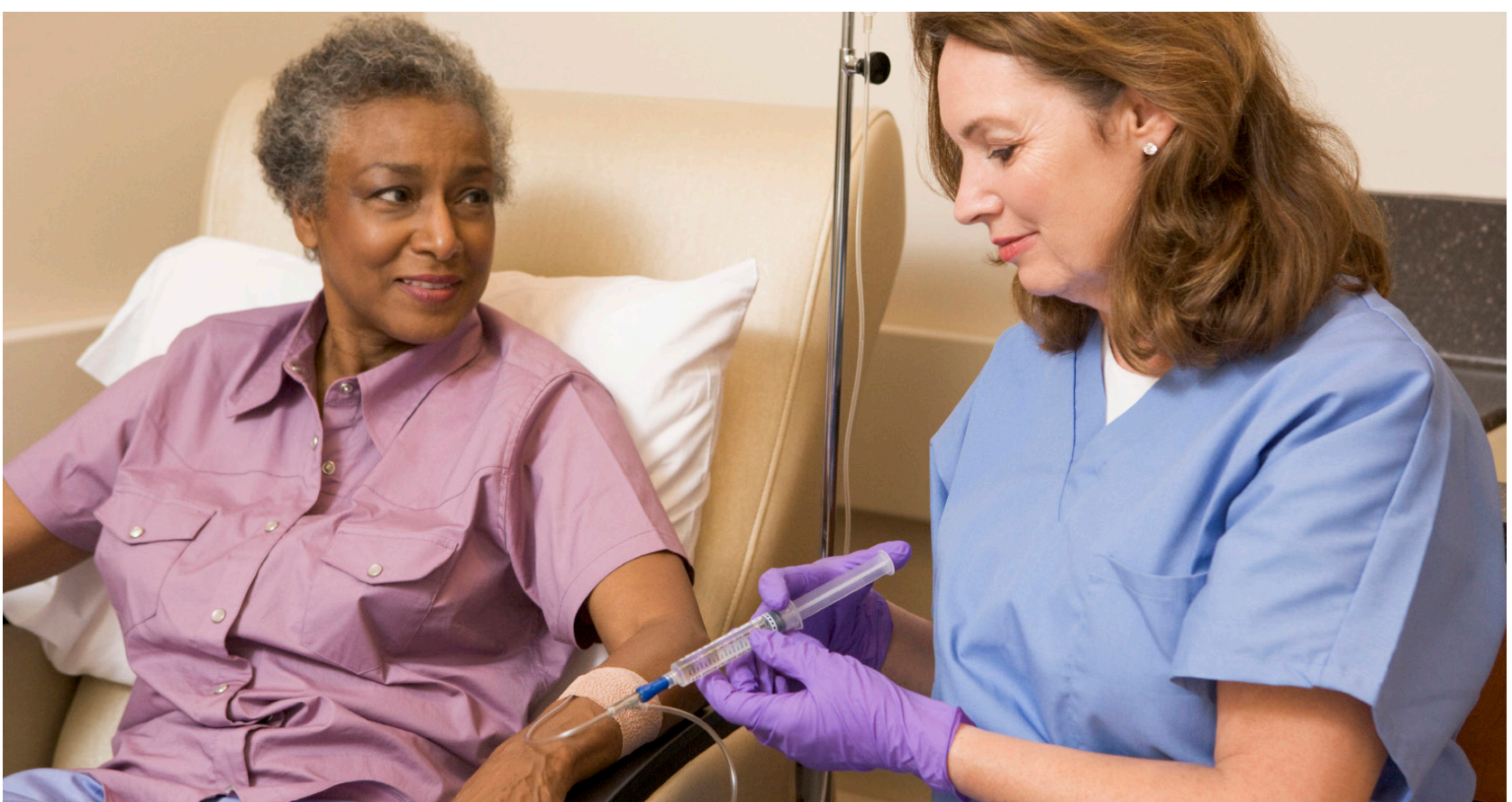
“Physician self-referrals should be further restricted and better monitored, including narrowing the ancillary service exception.”



Self-referral Abuse: From the Patient Perspective

Self-referral care is not patient-centered care.

Determining the most appropriate treatment option is an involved process that depends on the patient's preferences, age, concerns, comorbidities and physiology. Self-referral creates a conflict of interest where financial considerations can cloud clinical judgement. Following are just a few examples of the benefit of choosing health care services based on quality and expertise. Congress must protect patients by eliminating incentives that drive up costs and by ensuring patients receive the most appropriate and highest quality care.



Self-referral Abuse: From the Patient Perspective



OKLAHOMA

An 81-year-old man had been a loyal patient of his urologist for more than 20 years. This patient was diagnosed with a low-volume, low-risk prostate cancer. He asked his urologist about active surveillance and was told it was too risky so the urologist recommended IMRT. The patient sought a second opinion from a radiation oncologist, who recommended that the patient undergo active surveillance. The radiation oncologist sent his consult letter to the patient's urologist, who was not happy with the recommendation. The urologist called the patient and "fired" him from his practice.

Self-referral Abuse: From the Patient Perspective



ILLINOIS

A 69-year-old man was diagnosed with prostate cancer four years before opting for robotic surgery to remove the prostate. His urologist called him in January 2011 and told him he needed to get radiation therapy because his cancer had returned. The urologist referred him to a center where, as the patient later learned, his urologist has an ownership interest. He was told by this center that he would need 45 sessions (nine weeks) of radiation therapy to treat his cancer. The patient was also told that the treatment could wait until after he returned from his two-month vacation, which seemed odd to the patient. He got a second opinion and was told that his cancer had not returned. He then got a third opinion and was again told he did not require treatment and to come back in a year for screening. The patient was understandably upset about the emotional roller coaster he and his family had unnecessarily experienced. This man has contacted his member of Congress and reported the urologist to the Illinois Department of Financial and Professional Regulation.

Self-referral Abuse: From the Patient Perspective



ARIZONA

A 74-year-old prostate cancer patient was referred to a radiation oncologist by the local dermatologist who was treating his skin condition. The patient was complaining to the dermatologist about the 140-mile drive he was making for his daily radiation treatments for his prostate cancer. The patient has glaucoma and poor vision and admits he is not the best driver. The dermatologist told him about a radiation therapy center closer to his home, but the patient said he was unaware of it since his urologist only mentioned the radiation center he owned more than one hour away. The patient was intrigued about the idea of receiving radiation therapy in his hometown, but he felt significant pressure to receive treatment at the distant radiation center. After the patient was pulled over by the state police on the highway and was told he would lose his license if they saw him on a major highway again, he visited the local center for treatment. The switch saved the patient from having to travel a total of 3,500 miles—the equivalent of driving from Miami to Seattle—at a cost of more than \$500 for gas.

Self-referral Abuse: From the Patient Perspective



MARYLAND

A 65-year-old hospital security guard was diagnosed with intermediate-risk prostate cancer. He was told by the urologist that he was not a good candidate for surgery and that he would be given an appointment to discuss radiation treatments with a doctor at a urology-owned center. He asked his urologist if he could be treated at the hospital where he works, since he would be able to have his treatments performed during his break and not be forced to miss work. The urologist said that this was not an option, so the patient took it upon himself to contact the radiation oncology department at the hospital where he works and received his treatment there.

Rural Access to Care



**CLOSING THE SELF-REFERRAL LOOPHOLE
WOULD NOT** LIMIT CARE FOR
PATIENTS IN RURAL AREAS.

.....



Promotes Delivery System Reform

Closing the self-referral loophole would continue allowing physician groups participating in Accountable Care Organizations (ACOs) and other new payment models to provide integrated services.

ASTRO stands committed to promoting delivery system reform and supporting new payment reform models. Closing the loophole does not limit truly integrated practices focused on quality and value.

Self-referral in The News

**Bloomberg
Businessweek**

THE ARIZONA REPUBLIC
azcentral.com



Medscape

**The
Boston
Globe**

JAMA The Journal of the
American Medical Association

THE WALL STREET JOURNAL.

Forbes

Recently physician self-referral abuse has been the subject of numerous news articles and opinion pieces, including a recent editorial in the *Journal of the American Medical Association* calling on Congress to curtail physician self-referral. A 2014 article in the *Arizona Republic* revealed troubling stories of elderly prostate cancer patients who were directed to radiation treatment centers owned by urologists that required patients to drive long distances, passing other treatment centers.

Stabilize Medicare Physician Payments and Protect Access to Radiation Oncology Services



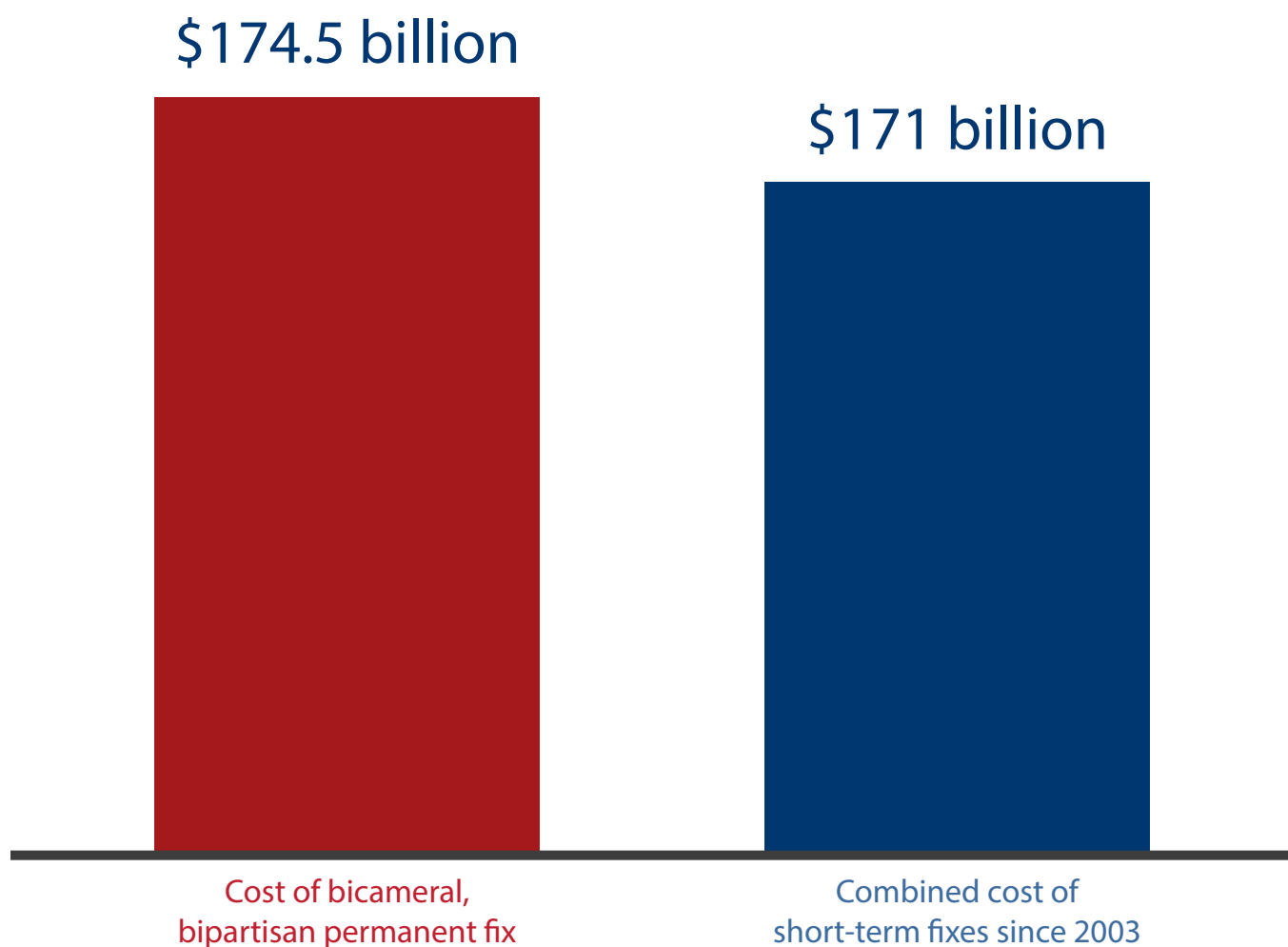
Stabilize Medicare Physician Payments

NOW is the time to permanently fix the flawed Medicare SGR formula and provide a framework for physician payment reform.

According to the Congressional Budget Office (CBO), the cost to replace and repeal the Sustainable Growth Rate (SGR) is now \$174.5 billion over 10 years, up from \$144 billion last year.

Cost Difference Between Combined 10 Year Short-term SGR fixes and Permanent SGR Fix

(in billions of dollars)



Savings from Closing the Self-referral Loophole Could Help Pay for Repealing the SGR



CLOSING THE **IOAS LOOPHOLE** WOULD GENERATE

\$3.5 BILLION
IN SAVINGS FOR
MEDICARE.

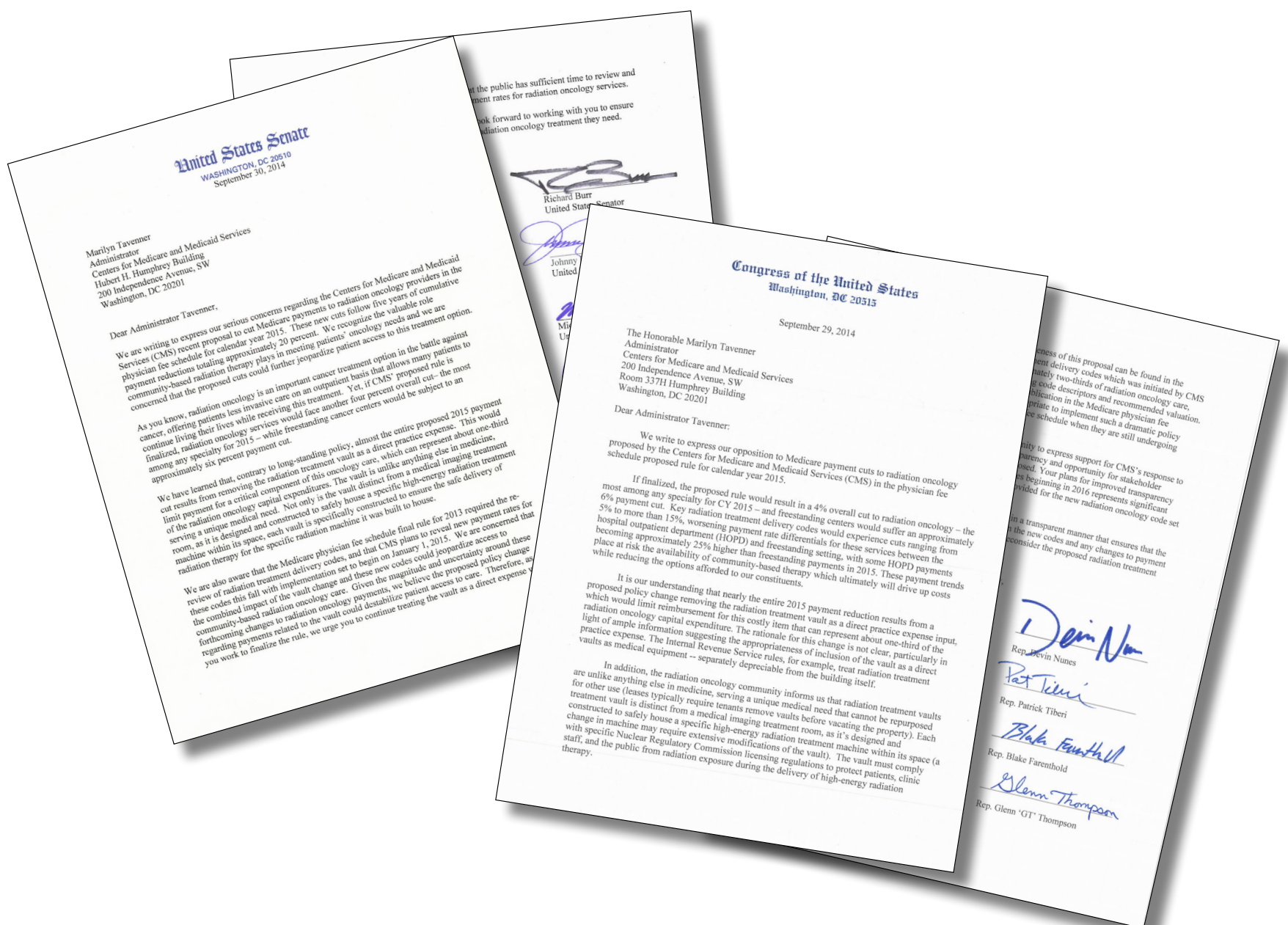


Closing the self-referral loophole can help to stabilize the current fee-for-service system as we accelerate Medicare toward value-based payments, acting as a bridge to payment reform.

Protect Access to Radiation Oncology

ASTRO thanks the 166 Members of Congress that supported radiation oncology by successfully urging Medicare to stop proposed cuts to cancer care in 2014.

Medicare may revisit these payment cuts later this year, in which case **we will need congressional support to maintain patient access to radiation oncology care.**



Payment Reform Initiative

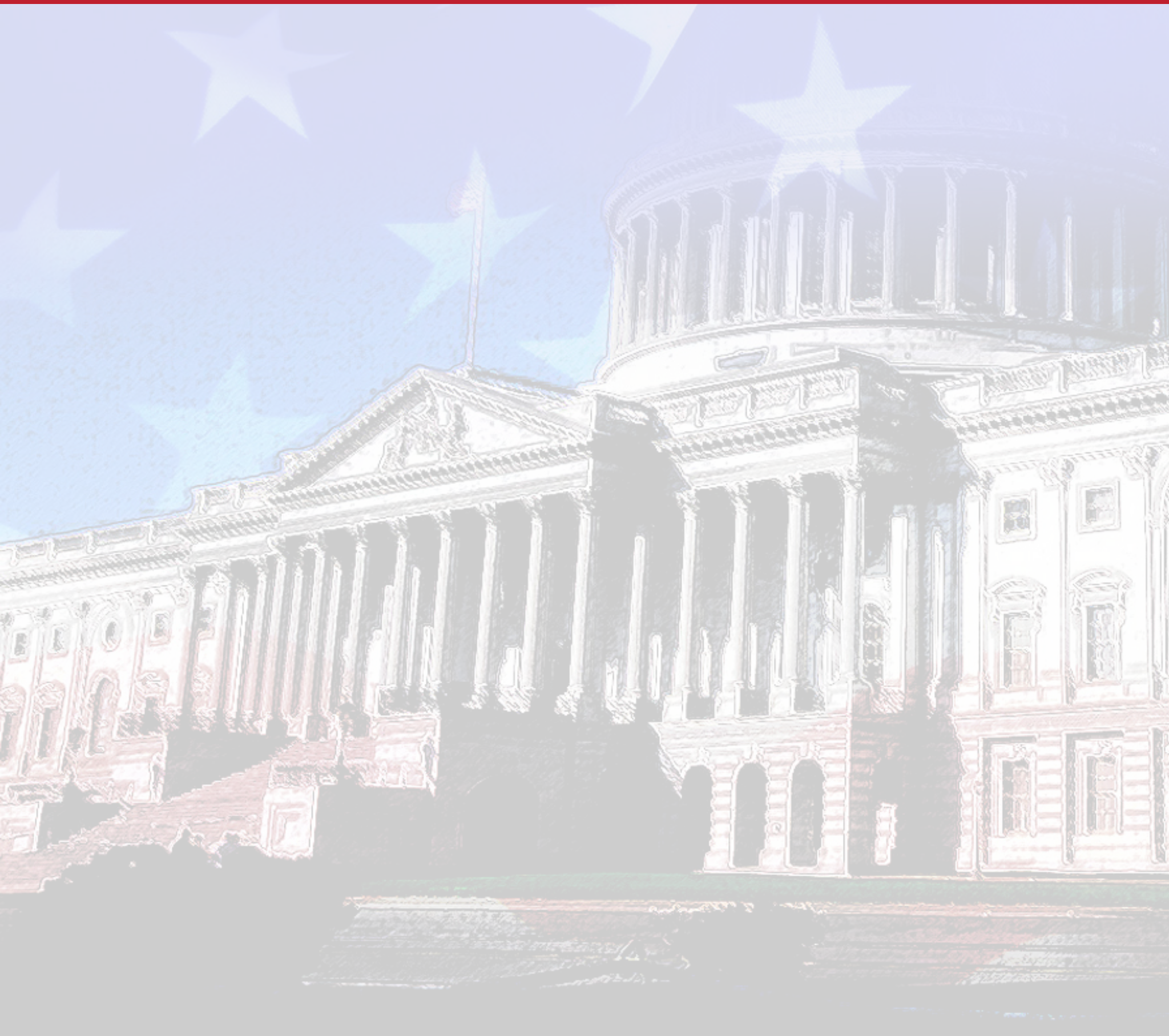
ASTRO supports efforts to move toward a Medicare payment system driven by quality rather than volume.

ASTRO supports payment reforms for radiation oncology and cancer treatment that improve the quality of care, reduce variations in care and decrease overall costs.

ASTRO'S Medicare Payment Reform Action Plan

- Revise current radiation oncology codes to more accurately reflect clinical practice and package together services typically billed at the same time;
- Reward radiation oncologists for improving quality while lowering costs; and
- Incentivize the use of treatments that result in the best patient care and outcomes.

Increase Investments in Radiation Oncology Research



Fight Cancer by Supporting Increased Radiation Oncology Research Funding

It is estimated that *nearly* **1.7 million people** in the U.S. will be **diagnosed with cancer** this year.

More than **589,000 Americans** **will die** from the disease in 2015, which translates to *more than* **1,600 people each day**.



Annual cancer incidence rates are projected to increase by 31 percent during the next decade, growing to 2.1 million people diagnosed in 2025.

Innovative research is the best hope for improving patient outcomes and quality of life; therefore, more resources are needed for the National Cancer Institute (NCI) and the National Institutes of Health (NIH).

ASTRO is asking Congress to pass legislation that would raise the NIH budget caps to support a 10 percent increase for NIH in FY 2016, for a total budget request of \$33 billion. Within that amount, ASTRO requests that funding for NCI be prioritized and receive at least a 10 percent increase (\$5.75 billion).

4 NIH DETERMINED THAT
1 **ONLY ABOUT .9 PERCENT**
0 OF THE TOTAL BUDGET FUNDED
2 RADIATION ONCOLOGY RESEARCH.



ASTRO applauds Congress' long-standing support for biomedical research and appreciates the critical role this funding has played in every major innovation in the fight against cancer, including significant advances in radiation oncology.

This support has led to a decline in the number of cancer deaths in the United States. Now, thanks to radiation oncology and other breakthroughs, more than **two-thirds** of cancer patients survive five years or longer after their cancer diagnosis.

Direct NIH and NCI to Prioritize Radiation Oncology Research



Given that **more than half** of all cancer patients are treated with radiation therapy, the current level of funding for radiation therapy research is not adequate to sustain new discoveries in the field to advance treatment for patients. It is also insufficient for young investigators trained in radiation oncology to build scientific careers in research that will ultimately yield the next treatment advances.

ASTRO urges Congress to direct The National Cancer Institute to work with experts in the field of radiation oncology and other cancer disciplines to determine a more appropriate funding level for radiation oncology research projects as a percentage of the overall NCI budget. NCI should then begin a process of reprioritizing radiation oncology research and reallocating a greater share of its current funding to radiation oncology research projects.

Preserve and Increase Funding and Residency Slots for Graduate Medical Education



Preserve and Increase Graduate Medical Education Funding



The Graduate Medical Education (GME) program is the process by which physicians, after medical school, gain the practical skills and knowledge in their chosen field of medicine.

As more individuals are diagnosed with cancer, the demand for radiation therapy will increase. ASTRO is concerned that proposals to decrease payments to this program and continuing to cap the publically funded residency positions could result in patient access issues.

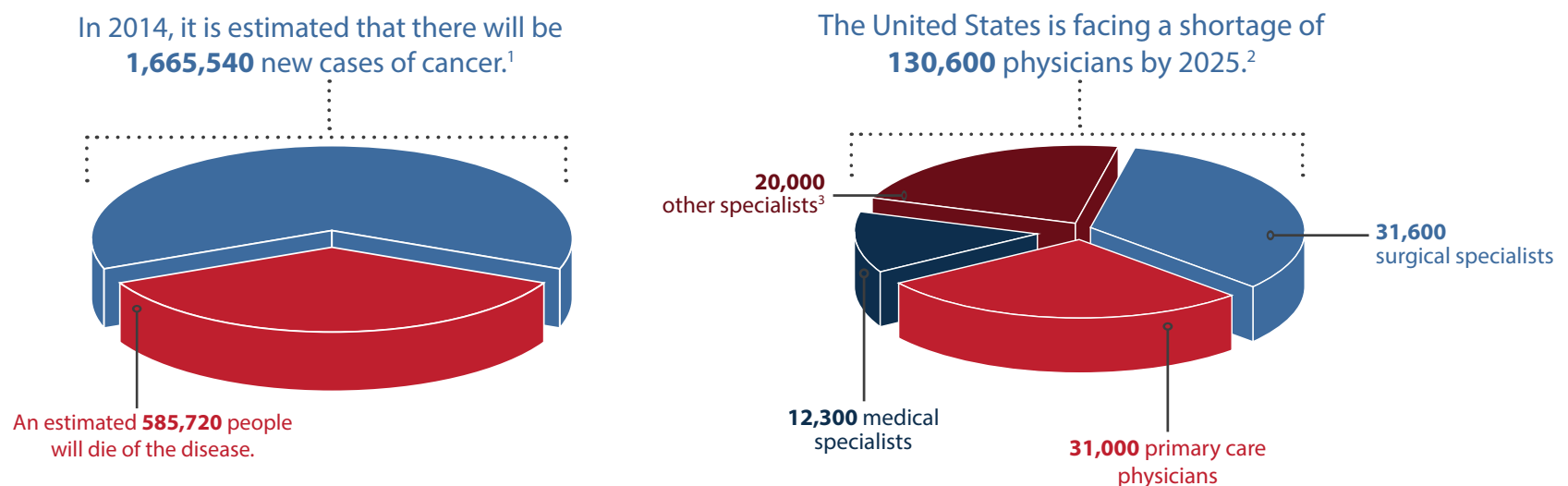
ASTRO URGES CONGRESS
TO PRESERVE CRITICAL FUNDING
FOR **MEDICAL RESIDENCY PROGRAMS**. TRAINING THE
NEXT GENERATION OF CANCER DOCTORS
M U S T B E A P R I O R I T Y .



The President's FY 2016 Budget proposes to reduce the indirect medical education (IME) adjustment by 10 percent, beginning in FY 2016. This would cut funding to teaching hospitals by approximately \$16.3 billion over 10 years. Cutting these payments comes at a critical time when many hospitals currently cannot fund their current residents.

CANCER DIAGNOSES ON THE RISE

It is projected that the number of individuals diagnosed with cancer in the United States will increase dramatically during the next 20 years. This is primarily due to increases in insurance coverage and the aging of the population.



THE PHYSICIAN SHORTAGE

The general perception among radiation oncologists is that there is sufficient supply to treat patients today; however, as the number of cancer diagnoses steadily increases, there are concerns that the supply of physicians may not increase sufficiently to treat the patients of tomorrow as demand for treatment grows.



There are **87 radiation oncology residency programs accredited by the ACGME** for the 2014/2015 academic year offering **186 training positions** for U.S. senior medical school students. In 2014, **20** U.S. senior medical school students *did not match* into one of these programs.

ASTRO urges Congress to support legislation that will increase the number of residency slots available each year, ultimately increasing the number of practicing physicians.

¹ SEER Cancer Statistics Factsheets: All Cancer Sites. National Cancer Institute. Bethesda, MD, <http://seer.cancer.gov/statfacts/html/all.html>

² Association of American Medical Colleges (AAMC): The Complexities of Physician Supply and Demand: Projections from 2013 to 2025. March 2015.

³ The **other specialties** category consists of anesthesiology, emergency medicine, neurology, pathology, physical medicine and rehabilitation, psychiatry, radiology, and all other specialties including radiation oncology

ASTRO's *Target Safely* Initiative

ASTRO launched *Target Safely* in 2010. It focuses on improving patient safety and reducing the chances of medical errors during radiation therapy treatments. *Target Safely* includes RO-ILS, APEx and IHE-RO.

“These initiatives are designed to improve all of the steps in the process of care, creating a culture of safety as the highest priority, thus increasing quality of care and reducing the chances of errors.”

RO•ILS

**RADIATION ONCOLOGY™
INCIDENT LEARNING SYSTEM**

Sponsored by ASTRO and AAPM

RO-ILS: Radiation Oncology Incident Learning System

ASTRO developed the first medical specialty society-sponsored incident learning system for radiation oncology to facilitate safer and higher quality care, providing a mechanism for shared learning in a secure and non-punitive environment.

ASTRO launched RO-ILS on June 19, 2014 at a congressional briefing sponsored by Representatives Frank Pallone (D-N.J.) and Ed Whitfield (R-Kan.); and 82 practices are currently reporting.

APEx is the Integration of ASTRO's Quality Efforts



APEx is ASTRO's **new** practice accreditation program. APEx was created to ensure accountability in radiation therapy practices. The program provides an objective review by practicing radiation oncology professionals of essential functions and processes of radiation oncology practices. It offers transparent, measurable, evidence- and consensus-based standards that emphasize a professional commitment to safety and quality.

APEx began accepting applications in December 2014; and 39 institutions have begun or applied to begin the accreditation process.

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