Advances in Radiation Oncology

An Integrated Program in a Pandemic: Johns Hopkins Radiation Oncology Department --Manuscript Draft--

Manuscript Number:	ADVANCESRADONC-D-20-00075R2		
Article Type:	Brief Opinion		
Section/Category:	COVID-19		
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Conflicts of Interest: None Funding Support: None

Introduction

The presence of the novel coronavirus (COVID-19) pandemic¹ prompted a structured response across the Johns Hopkins integrated network of radiation oncology facilities in Maryland and the District of Columbia. The department has developed a comprehensive reference document which serves as a resource for our staff and a summary of our response to the pandemic. The document in full has been posted on the American Society for Radiation Oncology (ASTRO) "ROhub" web page². We present here several excerpts from the overall program document that we feel may be of interest and can serve as a resource to the radiation oncology community at large. These recommendations are based on current or projected conditions in the Maryland-DC region as of March 25, 2020, and are expected to evolve on an ongoing basis.

Patient Treatment Priority Scales

Attempts should be made to determine whether the risks of the pandemic infection outweigh the risks of delaying treatment for that individual patient at the time of consultation. It should be noted that a delay in instituting radiation treatment should be as short as possible. Evidence suggests that even for cancers with typically favorable outcomes, there are higher risk subgroups for whom delays may be detrimental^{3,4}, so the decision rests on an assessment of relative risks for an individual patient. Patients receiving care in 2 different centers (e.g. external beam at one and brachytherapy at another) should receive special consideration.

Patients will be prioritized for radiation treatment based on the following priority scale, which was adapted from a general framework outlined by Ontario Heath-Cancer Care Ontario⁵:

Level 1 (Continue radiation)

Patients already on treatment at that onset of the COVID-19 pandemic will continue unless they become COVID-19 positive (COVID+)/person under investigation (PUI). Patients who convert to COVID+/PUI will be placed on a treatment break unless they meet other criteria for urgent treatment. This level allows treatment for emergency and urgent patients where alternative management to radiotherapy is not possible. Patients with highly symptomatic metastatic disease who are deemed by their physician to have a life expectancy of at least 3-6 months and those with rapidly progressing potentially curable cancer will be treated. Please refer to Table 1 for disease site specific criteria for Level 1.

Level 2 (Short delay of radiation acceptable if needed)

Routine situations requiring radiotherapy. Within each disease site, specific recommendations have been made. Patients should be contacted at frequent intervals to ensure they have not progressed to Level 1.

Level 3 (Hold radiation)

It may be possible to delay these cases until the pandemic is over or omit radiation all together. These are patients with benign disease or patients amenable to other therapy first (systemic therapy, surgery, etc., when appropriate).

- Level 1 patients will be treated, as described in Table 1.
- Level 2 patients will follow a structure determined by the disease site team leader and may have a delay in the initiation of treatment if needed.
- Level 3 patients will receive a video consultation, with intervention delayed until after the pandemic has been cleared if appropriate.

Management of Persons Under Investigation (PUI)

If a patient becomes a person/patient under investigation (PUI)⁶, the following processes will be followed:

- If the patient is on treatment, the patient will be managed as presumptively positive.
- A treatment break should begin until the test result has become available.
- Once a negative result has been obtained, treatment may be resumed.
- PUI designated as "Level 1" may continue treatment and will be managed as COVID+ until proven otherwise, as described below.
- Patient and visitor (if present; also only allowed in cases of necessity) should wear a surgical mask when in the health care facility.

Management of COVID+ Patients (including "Level 1" PUI)

Inpatients: COVID+ inpatients will not be treated with radiotherapy until further notice, with decisions made on a case by case basis.

Outpatients: Outpatients who are COVID+ or live in the same household as someone who is COVID+ will also be treated as presumptive positive:

- If a COVID+ patient is receiving palliative radiotherapy and the clinical team determines that there is an acceptable medical alternative, radiation treatment can be discontinued at the discretion of the treating physician.
- COVID+ patients will only be treated if they are categorized as "Level 1."
- Patient should be moved to end of day treatment. This should continue for 14 days
 after positive diagnostic test and 7 days after resolution of symptoms, whichever is
 longer. Given that the duration of contagiousness of patients who have recovered
 from COVID-19 illness is unknown at this time, patients who resume treatment after
 a break necessitated by COVID-19 infection will also be treated at the end of the day
 on a single LINAC.
- No visitors are permitted, with rare exceptions made for caregivers of the severely impaired.
- Patient should wear surgical mask.

- Patient should enter the facility via a low volume entrance and move to a dedicated isolation room while waiting for treatment (not in the waiting room). This isolation room should not be used by other oncology patients for the rest of the day.
- Staff should wear appropriate protective equipment (droplet and airborne precautions) which includes double gloves, non-permeable gown, and a PAPR or fitted N95 with face shield.
- Multiple patients that are COVID positive will be treated sequentially on one machine at the end of the business day in each center rather than on multiple machines.
- Because COVID+ patients will be treated at the end of the day and staff will be following best practices to minimize exposure, we have not specifically prohibited staff from rotating to other machines, though this will be avoided when possible.
- Follow up patient visits should be deferred for at least 2 weeks if feasible. This must be documented in the electronic medical record.

Radiation treatment for patients recovering from COVID-19 infection.

Patients may resume treatment without COVID-19 precautions after meeting one of the two following criteria [extrapolated from the Centers for Disease Control and Prevention (CDC)'s return to work criteria for health care personnel⁷]:

- 1. Test-based strategy.
 - Resolution of fever without the use of fever-reducing medications and
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath),
 and
 - Negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from at least two consecutive nasopharyngeal swab specimens collected ≥24 hours apart (total of two negative specimens)⁸.
- 2. Non-test-based strategy.
 - At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and,
 - At least 7 days have passed since symptoms first appeared.

Cleaning and Equipment Management

Cleaning of Clinic and Treatment Areas

During this period, we follow additional precautions above and beyond our normal processes for infection control, wherever possible. All equipment should be cleaned with greater frequency. All treatment areas should be cleaned with 70% alcohol, PDI Super Sani-Cloth, or other Hospital Epidemiology and Infection Control (HEIC)-approved cleaning solutions between each patient including the linear accelerator couch, the simulator couch, and all door handles or any other items that patients touch routinely. All patients and providers should use hand sanitizer before and after entering the treatment vault. All examination and treatment spaces as well as common spaces within clinics and waiting rooms should undergo thorough cleaning with approved

cleaner solutions at least twice a day. Cleaning should include but not be limited to countertops, chair armrests, and other non-fabric surfaces.

Given additional risks associated with management of head and neck patients, our specific guidelines for this group are included in Supplement #2.

Airflow Exchanges on Linear Accelerator and Proton Vaults

If COVID+/PUI patients are treated, full (99.9%) airflow exchange must occur prior to treatment of the general population during the next business day. In order to determine the times required for full airflow exchange in each treatment vault, these values were either directly measured by facilities staff or estimated using the range of minimum to maximum flow rates from the room design specifications to extrapolate clearance levels. Table 2 summarizes the relevant airflow exchange times for the treatment vaults across our clinical sites. We used these data to select treatment vaults that were most appropriate for treating COVID+/PUI. For example, in review of data for the East Baltimore site, full airflow exchange times for the vaults of our most versatile linear accelerators ranged from 41.1 to 71.3 minutes; thus, we selected the vault with the shortest exchange time for a treating future COVID+/PUI patient.

Terminal Cleaning

After treatment of COVID+/PUI, terminal cleaning procedures must be performed in the machine vault prior to treatment of the general population. We recommend that this be performed in the morning of the next business day before the scheduled first patient, in order to minimize exposure to facilities staff responsible for the terminal clean.

Active Breathing Coordinator (ABC) Procedures

Based on current information from manufacturers and product suppliers, our ABC system's single-use mouth piece/tube with attached ViroMax filter has >99.99% filtration efficiency for viral particles and is reported to be effective for particles as small as 0.1 micrometer in size⁹. Currently, we do not have information regarding filtration efficiency for particles <0.1 micrometer, and it has been noted that COVID-19 particles may vary in size from 0.06 to 0.14 micrometers⁵. Although it may be assumed that the actual transmitting respiratory droplet size may be larger—and thus more effectively filtered—than individual viral particles themselves, the specific filtration efficiency across the range of COVID-19 particle size remains somewhat unclear.

In addition to this potential uncertainty, ABC is felt to be a higher-risk procedure for staff due to possible exposure to saliva and respiratory droplets that may be elaborated during ABC procedures. Further, it requires increased machine time and coordination between treatment machines when ABC systems are shared.

Given the information currently available, our procedure for ABC is as follows:

- 1. In general, no ABC use for COVID+, PUI, or those who screen positive for new respiratory symptoms*.
 - *Treating physician can evaluate if they feel that the respiratory symptoms are low-risk for being due to COVID and make an individualized decision to proceed with ABC at physician discretion if so.
- 2. Future patients: Limit ABC use to patients (a) without COVID+/PUI status or new respiratory symptoms AND (b) for whom there is clear clinical necessity of ABC use. "Clinical necessity" should be determined at the discretion of the treating physician and based on consensus from disease site-specific providers (Table 3 summarizes the approved indications for the use of ABC by disease site).
- 3. Patients currently on treatment: Can continue with ABC as long as the patients does not have COVID+/PUI status or new respiratory symptoms. Current patients whose new respiratory symptoms cannot be attributed to another low-risk cause should be replanned without ABC if at all possible. If current patients fall into this category and clinically require treatment with ABC, use of ABC will be reviewed with site clinical director on an individual basis.
- 4. If on-treatment patients using ABC convert to COVID+ or PUI status, the ABC system should be removed from use in the general population. It will not be returned to use until cleared by HEIC. When shared between treatment machines, ABC system use should be tracked to permit for identification of potentially exposed patients in the setting of an on-treatment patient converting to PUI/COVID+ status (if required per HEIC).
- If there are PUI/COVID+ who clinically require treatment with ABC and cannot be
 put on a treatment break, they will be treated on a separate ABC system
 designated for COVID+ use. This may require transfer of care to a site with
 multiple ABC systems.
- 6. A <u>new</u> single-use mouth piece and filter kit must be used <u>per treatment per patient</u>. No reuse of these parts are permitted at this time.

Clinical trials and laboratory research

Clinical trials will stop all new enrollments. The sole exceptions are prioritized trials where the trial is the only treatment option for the patient. Follow-up visits for trials will be conducted by phone whenever possible. Research specimens will not be collected unless there is a clear need for patient safety. All laboratory research has been discontinued, and research staff is working and meeting remotely.

Conclusion: During this period of pandemic, additional considerations are necessary for prioritization of radiation treatment and equipment, as well as for additional infection control measures. The above represents selected considerations that we hope will be of value to the radiation oncology community as we navigate these unprecedented conditions.

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Disease specific priority scales are listed below: COVID negative patients	Level 1 (Continue radiation)	Level 2 (Short delay of radiation if needed)	Level 3 (Consider holding radiation)
Breast (Please see Supplement 1 for more detailed breast guidelines)	-Non-metastatic inflammatory breast cancerLocoregional disease progressing through chemotherapy.	All other breast cancer not meeting Level 1 and 3.	Patients meeting CALBG/PRIME II criteria for omission of radiotherapy -ER+ DCIS for patients meeting criteria from RTOG 9804, particularly if they can take endocrine therapy.
Central nervous system (CNS)	-High Grade gliomas of brain and spine tumorsBenign or other tumors causing or with immediate threat of progressive neurologic symptoms.	-Symptomatic low grade gliomaCases where chemotherapy may permit for delay radiation.	-Asymptomatic meningioma, pituitary adenoma, craniopharyngioma, pilocytic astrocytomaAsymptomatic low grade glioma after gross total resectionTrigeminal neuralgiaSchwannomas.
Gastrointestinal (GI)	-Curative-intent anal, esophageal, and gallbladder/bile duct cancers.	Neoadjuvant/adjuvant pancreas and rectal cancer treatment courses.	None

	-Curative-intent rectal cancer that is medically inoperable.		
Genitourinary (GU)	-Curative intent bladder cancers High grade prostate cancer not able to receive androgen deprivationGU small cell carcinoma treated with curative intentPatients in middle of combined brachytherapy and external beam radiation therapy.	-All other curative intent prostate cancersAny cases of prostate cancer on androgen deprivation or low risk prostate cancer cases that have not yet started radiotherapy can be triaged to the bottom of the Level 2 patients.	None
Gynecologic	-Cervical cancer with severe bleedingLocally advanced vulvar or vaginal cancer causing severe pain.	-Postoperative vulvar cancerInoperable endometrial cancerPostoperative cervical cancer (can be delayed up to 8 weeks postoperatively)After induction chemotherapy, postoperative endometrial cancer (4 week break allowed after chemotherapy).	Postoperative cases of endometrial cancer to be scheduled for induction chemotherapy or requiring vaginal brachytherapy alone (up to 4-8 weeks postoperatively).
Head/Neck	-All curative cases where treatment with radiotherapy or concurrent chemoradiation is indicatedHigh risk postoperative cases based on pathologic and intraoperative findings including recurrent well differentiated extrathyroidal carcinomas.	 All curative cases where induction chemotherapy is deemed clinically appropriate. Intermediate risk postoperative cases. Low-grade unresectable salivary gland malignancies. Recurrent parotid / skull base pleomorphic adenoma. 	-Keloids -Small COMS choridal melanoma -Asymptomatic Glomus tumors -Slow growing small basal cell carcinoma with mild or no symptoms, in

		-Medium to large Collaborative Occular	a patient age >70
		Melanoma Study (COMS) choroidal	years.
		melanoma or symptomatic choroidal	-Asymptomatic
		melanoma regardless of COMS criteria	cutaneous non-
		-Symptomatic or secretory paragangliomas	pigmented
		-Symptomatic cutaneous non-pigmented	carcinomas located
		carcinomas or high risk postop cutaneous	in low risk anatomic
		non-pigmented carcinomas	regions.
Lymphoma	Patients with high-grade	-Consolidation therapy for high-grade	Remaining patients
	lymphomas with severe or life-	lymphomas.	with low-grade
	threatening symptoms.	-Most patients with low-grade lymphomas.	lymphomas, to be
			assessed
			individually.
Palliative	-Cord compression from histology	-Painful spine metastasis without epidural	
	other than chemotherapy naïve	extension or other immediate risk to the	
	small cell lung cancer or	neuraxis	
	lymphoma and that are not	-Spinal cord compression or spine	
	amenable to surgical	metastases with epidural disease in patient	
	decompression	with chemotherapy naïve small cell lung	
	-Symptomatic brain metastases	cancer or lymphoma who can receive	
	not amenable to surgical	chemotherapy.	
	decompression and/or brain	-Brain metastases <5 mm anticipated to be	
	metastases >5 mm from	responsive to targeted agents or	
	histologies not anticipated to	immunotherapy.	
	respond to systemic therapy.	-Other metastatic sites causing non-life	
	-Malignant airways obstruction not	threatening symptoms, particularly those which	
	amenable to surgical	may respond to conservative measures (e.g.,	
	intervention/stenting.	pain, shortness of breath stable on room air)	
	-SVC syndrome not amenable to	-Patients with stable or minimally symptomatic	
	thrombectomy/stenting	oligometastatic disease.	

	-Acute hemorrhage from primary or metastatic disease not amenable to embolization/other direct intervention -Severe pain from primary or metastatic disease not responding to conservative measures -Heterotopic bone (at discretion of MD)		
Pediatrics	All curable cases where delay of radiation is not possible.	All cases where chemotherapy or other interventions can be safely used to delay initiation of radiotherapy.	All elective or non- essential radiation cases.
Sarcoma	-Palliation of extreme pain or uncontrolled bleeding.	All other neoadjuvant, adjuvant, and definitive cases.	None
Thoracic	-Limited-stage small cell lung cancerAll patients with non-metastatic node-positive or rapidly proliferating node-negative thoracic tumors for which the (time-sensitive) goal is cure and where alternative management is not possible.	-Consolidation of oligo-metastatic and oligo-progressive lung cancerStage I NSCLCPost-operative thoracic tumors w/o residual diseasePulmonary ground glass opacities without solid component	None

Machine Vault	Measurement*	Airflow Exchange per Hour	t 99% (minutes)	t 99.9% (minutes)
Primary campus				
Standard LINAC 1	actual	10.07	27.72	41.14
Standard LINAC 2	actual	5.94	46.53	69.97
Standard LINAC 3	actual	5.83	47.39	71.30
Tomotherapy	actual	16.99	16.60	24.31
Specialty stereotactic	actual	7.63	36.40	54.39
Regional campus 1				
All standard LINACs	minimum	12	23.34	34.49
All Statiuatu Linaus	maximum	18	15.68	22.94
Townshorm	minimum	10	27.91	41.43
Tomotherapy	maximum	15	18.75	27.55
All proton gantries	minimum	6	46.07	69.26
All proton gantiles	maximum	12	23.34	34.49
Regional campus 2				
Standard LINAC	actual	6.5	42.59	63.91
Regional campus 3				
Standard LINAC	actual	8	34.74	51.86
Regional campus 4		_		
Standard LINAC	actual	6.5	42.59	63.91

^{*}Actual measurements represent airflow measured under standard automatic temperature control and building automation systems settings. Minimum and maximum measurements represent the range of airflow rates delineated according room design specifications; these were not directly measured.

t99%: time for 99% airflow exchange t99.9%: time for full (99.9%) airflow exchange

LINAC: linear accelerator

	ABC use guidelines
Central nervous system	-
Gastrointestinal	For GI tumors susceptible to motion, 4DCT will be
(GI)	acquired. Treatment with free-breathing or abdominal compression approach will be considered for all such patients. ABC is considered <i>clinically necessary</i> when treatment in free-breathing or with abdominal compression leads to unacceptably high risk for toxicity (as defined by the treating MD), and this risk would be substantially lowered with ABC. Specific considerations for the use of ABC include GI cases in which: -Expanded lung volumes with ABC will reduce the risk of lung injury for patients with mediastinal diseaseMotion mitigation with ABC will lead to significant dose reductions in the abdomen or chest. In such cases, free-breathing or abdominal compression approaches may be particularly useful alternatives.
Lymphoma	As per treatment guidelines for tumor location
Thoracic	ABC is <i>clinically necessary</i> for: -Any re-irradiation case where the anticipated toxicity will be reduced with ABC. - Any conventionally fractionated case where a plan that meets minimum safety requirements cannot be achieved except with ABC. - Any hypofractionated or SABR plan that cannot meet normal tissue safety objectives or will not be well-visualized on cone-beam CT without the use of ABC.
Sarcoma	As per treatment guidelines for tumor location
Pediatrics	4DCT will be acquired in patients large enough for tracing to be obtained when there is a concern for susceptibility to motion. ABC will be considered <i>clinically necessary</i> and will be used in cooperative patients where ABC significantly reduces dose to organs at risk.
Breast	ABC technique will be used very judiciously and be considered <i>clinically necessary</i> only in cases with cardiac mean dose >4 Gy or lung V20>40% when free breathing techniques are used. In general, we should seek alternative approaches to ABC including IMRT/VMAT to meet dose objectives.