

Advances in Radiation Oncology

Continuing Medical Student Education During the COVID19 Pandemic: Development of a Virtual Radiation Oncology Clerkship

--Manuscript Draft--

Manuscript Number:	ADVANCESRADONC-D-20-00170R1
Article Type:	Research Letter
Section/Category:	COVID-19
Corresponding Author:	Erqi Pollom, MD Stanford Hospital stanford, CA UNITED STATES
First Author:	Erqi Pollom, MD
Order of Authors:	Erqi Pollom, MD Navjot Sandhu Jessica Frank Jacob Miller Jean-Pierre Obeid Noah Kastelowitz Neil Panjwani Scott Soltys Hilary Bagshaw Sarah Donaldson Kathleen Horst Beth Beadle Daniel Chang Iris Gibbs
Abstract:	<p>Purpose: Our institution cancelled all in-person clerkships due to the COVID-19 pandemic. In response, we designed a virtual radiation oncology medical student clerkship.</p> <p>Methods and Materials: We convened an advisory panel to design a virtual clerkship curriculum. We implemented clerkship activities using a cloud-based learning management system, video web conferencing systems and a telemedicine portal. Students completed assessments pre- and post-clerkship to provide data to improve future versions of the clerkship.</p> <p>Results: The virtual clerkship spans 2 weeks and is graded pass or fail. Students attend interactive didactic sessions during the first week and participate in virtual clinic and give talks to the department during the second week. Didactic sessions include lectures, case-based discussions, treatment planning seminars and material adapted from the Radiation Oncology Education Collaborative Study Group curriculum. Students also attend virtual departmental quality assurance rounds, cancer center seminars and multi-disciplinary tumor boards. The enrollment cap was met during the first virtual clerkship period (April 27 through May 8, 2020), with a total of 12 students enrolling.</p> <p>Conclusions: Our virtual clerkship can increase student exposure and engagement in radiation oncology. Data on clerkship outcomes are forthcoming.</p>

**TITLE: Continuing Medical Student Education During the COVID19 Pandemic:
Development of a Virtual Radiation Oncology Clerkship**

SHORT TITLE: Virtual radiation oncology clerkship

Erqi Pollom^{1*}, Navjot Sandhu^{1*}, Jessica Frank¹, Jacob Miller¹, Jean-Pierre Obeid¹, Noah Kastelowitz¹, Neil Panjwani¹, Scott G. Soltys¹, Hilary Bagshaw¹, Sarah S. Donaldson¹, Kathleen Horst¹, Beth M. Beadle¹, Daniel Chang¹, Iris Gibbs¹

¹Stanford School of Medicine, Palo Alto, Stanford, CA

*Co-first authors

Author responsible for statistical analyses: Erqi Pollom

Corresponding Author:

Erqi Pollom

Department of Radiation Oncology

Stanford University

875 Blake Wilbur Drive

Stanford, CA 94305

Phone: 650-498-0484

Fax: 650-725-8231

E-mail: erqiliu@stanford.edu

Conflict of Interest: None.

Funding: None.

Acknowledgements: We thank the residents and faculty of the Stanford department of radiation oncology for helping with virtual clinic and didactic sessions.

Summary

In response to cancelation of all in-person clerkships at our institution due to the COVID-19 pandemic, we designed a virtual radiation oncology clerkship. We fulfilled clerkship learning objectives using an array of digital education tools and were able to broaden our reach in educating medical students about our field.

Abstract

Purpose: Our institution cancelled all in-person clerkships due to the COVID-19 pandemic. In response, we designed a virtual radiation oncology medical student clerkship.

Methods and Materials: We convened an advisory panel to design a virtual clerkship curriculum. We implemented clerkship activities using a cloud-based learning management system, video web conferencing systems and a telemedicine portal. Students completed assessments pre- and post-clerkship to provide data to improve future versions of the clerkship.

Results: The virtual clerkship spans 2 weeks and is graded pass or fail. Students attend interactive didactic sessions during the first week and participate in virtual clinic and give talks to the department during the second week. Didactic sessions include lectures, case-based discussions, treatment planning seminars and material adapted from the Radiation Oncology Education Collaborative Study Group curriculum. Students also attend virtual departmental quality assurance rounds, cancer center seminars and multi-disciplinary tumor boards. The enrollment cap was met during the first virtual clerkship period (April 27 through May 8, 2020), with a total of 12 students enrolling.

Conclusions: Our virtual clerkship can increase student exposure and engagement in radiation oncology. Data on clerkship outcomes are forthcoming.

Introduction

On March 15, 2020, XX School of Medicine, with the guidance of the Association of American Medical Colleges, suspended all on-site clinical clerkships because of the COVID-19 pandemic. To provide alternative clinical learning opportunities, we created a virtual radiation oncology clerkship for XX medical students.

We aimed to fulfill the learning objectives of an in-person rotation in our department by leveraging a broad array of e-learning tools. We report here our experience with designing and implementing this virtual clerkship.

Methods

We convened an advisory panel of key stakeholders including the medical student clerkship director (XX), the residency program leadership (XX,XX) the associate dean of medical school admissions (XX), the medical student clerkship coordinator (XX), and other faculty and residents interested in medical education (remaining authors). The panel met weekly during the design phase to create course objectives and curriculum.

Canvas (www.instructure.com), XX's primary cloud-based learning management system, hosts the clerkship and provides the integrated calendaring and syllabus system, communication stream, built-in web conferencing functionality, and assignment modules. Synchronous didactic sessions, chart rounds and tumor boards are held using Zoom or WebEx, commercially available video web conferencing systems. Virtual clinic visits are facilitated via a secure cloud-based telemedicine portal using Epic Systems, which allows remote multi-party connections.

The panel continues to meet weekly during the implementation phase of the clerkship to troubleshoot issues that arise. In addition, students are required to submit anonymized pre- and post-clerkship assessments to provide data to improve future versions of this clerkship.

Results

Students attend didactic sessions led by faculty, residents, and dosimetrists during the first week of the clerkship. During the second week, students participate in virtual clinic and give talks to the department (**Table 1; Figure 1**).

Didactic sessions include lectures, case-based discussions, treatment planning sessions in Eclipse and Precision, and lectures adapted from the Radiation Oncology Education Collaborative Study Group curriculum material¹. Faculty and resident speakers are encouraged to integrate Zoom features such as polling (**Figure 2**) and chat into their sessions to engage students. A resident moderator co-hosts every session to help answer chat questions while the primary speaker leads the session. The sessions are password-protected, require attendee registration to track attendance, and are recorded so that students can review the material later. In addition, medical students attend departmental quality assurance rounds, cancer center seminars, and multi-disciplinary tumor boards that do not conflict with clerkship activities, which are all currently offered in a virtual environment.

For the virtual clinic experience, students are assigned to different services in teams of 2. Students work with the resident and faculty of their assigned service to see and present virtual clinic patients during the second week of the clerkship.

At the end of the clerkship, students give a virtual journal club talk to the department on a recently published oncology paper. **Table 2** shows course objectives and requirements. The clerkship is graded on a pass/fail basis.

The enrollment cap was met during the first virtual clerkship period (April 27 through May 8, 2020), with a total of 12 students enrolling. **Table 3** shows demographics and pre-clerkship self-assessment responses of the first cohort. Over half of the cohort (58%) were female. Only one student had prior exposure to radiation oncology.

Discussion

We radically restructured our medical student clerkship program due to the COVID-19 pandemic. To allow medical students to maximize their educational opportunities during these uncertain times, we created a virtual radiation oncology clerkship.

Medical students receive little exposure to radiotherapy even though it is a key component of multidisciplinary cancer care. Of the approximately 90 medical students per graduating class at XX, only 4 XX medical students have rotated through our department from July 2018 to March 2020. Our virtual clerkship generated much more interest, with the enrollment cap met almost immediately after the course was offered. Given the paucity of competing in-person clerkships, some of the students taking our virtual clerkship may not have the same level of interest in radiation oncology as prior rotating students. However, 67% of the cohort did express interest in “learning more about radiation oncology,” with 92% having had no prior exposure to radiation oncology. Further, over half were women. This virtual clerkship broadened our reach, providing an important opportunity to address female trainee underrepresentation and declining overall numbers of applicants in radiation oncology²³.

We included in our virtual clerkship educational activities that medical students have previously ranked as important and are key components of our 4-week in-person clerkship. These include structured didactics, treatment planning sessions, and the opportunity to (virtually) see and present clinic patients and give a formal talk.⁴⁻⁶ Because our virtual clerkship can accommodate more students than an in-person clerkship, we divided the students into smaller teams assigned to specific services to preserve the important interpersonal components of an in-person clerkship.

Our virtual clerkship is currently offered through the end of June. We plan to present full results, with student and faculty feedback of the educational value of the clerkship, after several cohorts complete the clerkship. We will also examine how this clerkship ultimately impacts recruitment to our specialty. Future efforts will focus on allowing students from other institutions to take the virtual clerkship. Having this option can increase access to students who may not be able to pursue an away rotation at our institution⁷.

COVID-19 has challenged us to adapt and innovate quickly in our daily work, which includes the education of our trainees. Our virtual clerkship can facilitate the integration of radiation oncology education into the medical student curriculum and increase student exposure to our field and interest in radiation oncology as a career.

References

1. Golden DW, Braunstein S, Jimenez RB, et al. Multi-Institutional Implementation and Evaluation of a Curriculum for the Medical Student Clerkship in Radiation Oncology. *J Am Coll Radiol*. 2016;13(2):203-209. doi:10.1016/j.jacr.2015.06.036
2. Ahmed AA, Hwang W-T, Holliday EB, et al. Female Representation in the Academic Oncology Physician Workforce: Radiation Oncology Losing Ground to Hematology Oncology. *Int J Radiat Oncol*. 2017;98(1):31-33. doi:10.1016/j.ijrobp.2017.01.240
3. Bates JE, Amdur RJ, Lee WR. The High Number of Unfilled Positions in the 2019 Radiation Oncology Residency Match: Temporary Variation or Indicator of Important Change? *Pract Radiat Oncol*. 2019;9(5):300-302. doi:10.1016/j.ppro.2019.05.001
4. Golden DW, Raleigh DR, Chmura SJ, Koshy M, Howard AR. Radiation Oncology Fourth-Year Medical Student Clerkships: A Targeted Needs Assessment. *Int J Radiat Oncol*. 2013;85(2):296-297. doi:10.1016/j.ijrobp.2012.05.012
5. Ni L, Chmura SJ, Golden DW. National Radiation Oncology Medical Student Clerkship Trends From 2013 to 2018. *Int J Radiat Oncol*. 2019;104(1):24-26. doi:10.1016/j.ijrobp.2018.12.039
6. Jagadeesan VS, Raleigh DR, Koshy M, Howard AR, Chmura SJ, Golden DW. A National Radiation Oncology Medical Student Clerkship Survey: Didactic Curricular Components Increase Confidence in Clinical Competency. *Int J Radiat Oncol*. 2014;88(1):51-56. doi:10.1016/j.ijrobp.2013.11.206
7. Sidiqi BU, Gillespie EF, Lapen K, Tsai CJ, Dawson M, Wu AJ. Patterns and perceptions of “away” rotations among radiation oncology residency applicants. *Int J Radiat Oncol*. April 2020. doi:10.1016/j.ijrobp.2020.04.024

Figure 1. Front-end student view of virtual clerkship schedule on the Canvas web application. Students can directly access Zoom lectures and assignments using this interface.

Figure 2. Poll feature on the Zoom platform allows students to answer questions in real-time during synchronous didactic sessions.

Table 1. Sample student schedule for 2-week radiation oncology clerkship

Abbreviations: faculty-led (FAC); resident-led (RES); central nervous system (CNS); gastrointestinal (GI)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: Lecture Block	8:00-8:30 Orientation to the Clerkship (FAC)	8:00-9:00 Cancer Center Seminar ^a or Pediatric Tumor Board	7:30-10:30 Resident Education ^b	7:30-8:30 Chart Rounds ^c	8:00-9:00 Resident Education ^b
	8:30-9:00 History of Radiation Oncology (FAC)	10:00-11:00 Introduction to Radiation for Breast Cancer (FAC)	10:30-11:30 Approach to Clinic Notes (FAC)	1:00-2:00 Basics of Prostate cancer/Brachytherapy (FAC)	9:00-10:00 Head and Neck Cancer and Treatment Planning (FAC)
	9:00-10:00 Introduction to Radiation Oncology (RES)	11:00-12:00 Radiation Treatment Planning (FAC and dosimetrist)	1:00-2:00 Virtual Department Tour (RES)	4:30-6:00 Head and Neck Tumor Board	10:30-11:30 CyberKnife Treatment Planning (FAC)
	1:00-2:00 Introduction to Radiation Physics (RES)	2:00-3:00 Thoracic Tumor Board	3:30-5:00 GI Tumor Board		1:00-2:00 CNS Tumor Board
Week 2: Virtual clinic and student talks	<i>Virtual Clinic^d</i>	<i>Virtual Clinic^d</i>	<i>Virtual Clinic^d</i>	<i>Virtual Clinic^d</i>	<i>Virtual Clinic^d</i>
	8:00-9:00 Lymphoma Tumor Board	8:00-9:00 Cancer Center Seminar ^a or Pediatric Tumor Board	7:30-10:30 Resident Education ^b	7:30-8:30 Chart Rounds ^c	8:00-9:00 Resident Education ^b
	2:00-3:00 Thoracic Tumor Board	3:30-5:00 GI Tumor Board	8:30-9:30 Journal Club Student Talks	8:30-9:30 Journal Club Student Talks	
			4:30-6:00 Head and Neck Tumor Board	1:00-2:00 CNS Tumor Board	

^aWeekly seminar on an oncology topic given by faculty speakers from various departments in the cancer center.

^bScheduled didactics for residents; these are lectures on various disease-sites and radiation topics led either by faculty or residents.

^cChart rounds are weekly department quality assurance sessions where new patients' radiation treatment plans are reviewed.

^dVirtual Clinic hours and days varied based on assigned faculty's clinical schedule

Table 2. Course objectives and requirements

Course Objectives
<ul style="list-style-type: none">• Introduce students to the field of radiation oncology and the history of Stanford radiation oncology• Educate students on basic principles of radiobiology, medical physics, and general oncology along with multidisciplinary cancer management• Participate in the assessment of cancer patients and basic radiation treatment planning

Course Requirements
<ul style="list-style-type: none">• Complete pre-and post-course self-assessments• Attend didactic sessions and complete post-lecture assessments• Participate in virtual clinic and submit a completed consult note• Give a journal club talk to the department

Table 3. Characteristics of first virtual clerkship student cohort (total n=12).

	Number (%)
Age (median, range)	27 (23-31)
Gender	
Female	7 (58.3%)
Male	5 (41.7%)
Race	
Asian	4 (33.3%)
Caucasian	6 (50.1%)
Black or African American	1 (8.3%)
Latino, or of Spanish origin	1 (8.3%)
Clinical experience	
First clinical year	12 (100%)
Second clinical year	-
Degree track	
MD	8 (66.7%)
MD/PhD	3 (25%)
Other	1 (8.3%)
First radiation oncology rotation	12 (100%)
Had prior exposure to radiation oncology	1 (8.3%)
Current interest in radiation oncology	
Not interested at all	1 (8.3%)
Would consider oncology but not necessarily radiation oncology	3 (25%)
Considering learning more about radiation oncology	8 (66.7%)
Considering applying to radiation oncology residency	-
Likely to apply to radiation oncology residency	-
Understands daily responsibilities of a radiation oncology	
Strongly Disagree	3 (25%)
Disagree	8 (66.7%)
Neutral	1 (8.3%)
Agree	-
Strongly Agree	-
Motivations for enrolling in virtual clerkship	
Interest in radiation oncology	7 (58.3%)
Interest in learning with new technologies	7 (58.3%)
COVID-19 restrictions	12 (100%)

Figure 2

Recording... || ■
⌵ ⌵

Poll # 3	Which of the following does not include a form of regional therapy?
A	Prostatectomy with radiotherapy to the prostate bed and pelvic lymph nodes
B	Lumpectomy followed by chemotherapy
C	Mastectomy with axillary lymph node dissection
D	Definitive radiotherapy to a tonsil tumor and the bilateral neck

Poll # 4	In which of the following scenarios is radiation the definitive therapy?
A	After a prostatectomy, a patient's PSA rises and they complete radiation to the prostate bed and pelvic lymph nodes
B	A 50 year-old with Non-Hodgkin lymphoma is treated with R-CHOP with a complete response, followed by radiotherapy to the site of the tumor
C	A 40 year-old with stage III nasopharyngeal carcinoma near the base of the tongue is treated with chemotherapy to shrink the tumor, followed by chemoradiation
D	A patient with thoracic spinal cord compression from a lung cancer metastasis is treated with emergent radiotherapy

Poll in Progress
00:00:25

Attendees are now viewing questions
7 of 14 (50%) voted

1. Which of the following does not include a form of regional therapy?

Prostatectomy with radiotherapy to the prostate bed and pelvic lymph nodes (0) 0%

Lumpectomy followed by chemotherapy (7) 100%

Mastectomy with axillary lymph node dissection (0) 0%

Definitive radiotherapy to a tonsil tumor and the bilateral neck (0) 0%

End Poll

Unmute ^
Start Video ^
Security ^
Participants 16 ^
Chat ^
Share Screen ^
Polling ^
Reactions ^
More ^
End Meeting

The image shows a screenshot of a calendar application interface. On the left is a dark red sidebar with navigation icons for Account, Dashboard, Courses, Calendar, Inbox, Comments, and Help. The main area displays a weekly calendar view for the period from April 26 to May 2, 2020. A modal window is open over the calendar, showing details for a course titled "Orientation (Sp20-RADO-300A-11A)". The course is associated with the "1920-Radiation Oncology Clerkship" and has the ID "Sp20-RADO-300A-11A". The details section lists two sessions: "8:00-8:30am Welcome and Introduction by Dr. [redacted]" and "8:30-9:00am History of Stanford Radiation Oncology by Dr. [redacted]". A large black redaction box labeled "blinded" covers the name of the instructor for the second session. Below the redaction, the text "Department of Radiation Oncology" is visible. The calendar background shows various other events, including "Student education sessions", "Chart rounds/breakfast", "Lectures: Hyatt & Mack C", "Lectures: Introduction to...", "Lectures: Epitax of Prose", "ONS Turkey Board Meet", and "Tumor Board Lecture".