

Longer Term Results from a Phase I/II Study of EP-guided Noninvasive Cardiac Radioablation for Treatment of Ventricular Tachycardia (ENCORE-VT)

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## **Disclosures for Dr. Robinson**

- **Employer**: Washington University
- **Stock**: Radialogica
- **Research Grants**: Varian, Elekta, Merck
- **Consulting**: Varian, AstraZeneca, EMD Serono
- **Speaking**: Varian, ViewRay
- Results discussed here involve off-label use of linear accelerators outside of their current 510(k) intended use

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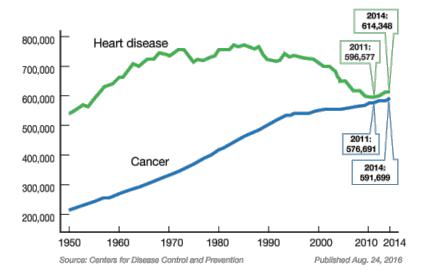
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# Background

#### **TOP TWO KILLERS**

By AMERICAN HEART ASSOCIATION NEWS

The total number of Americans dying from heart disease rose in recent years following decades in decline. Cancer deaths have nearly tripled since 1950 and continue to climb.







VENTRICULAR TACHYCARDIA



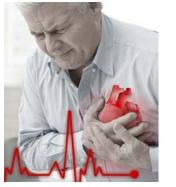
Implantable Cardiac Defibrillator (ICD)



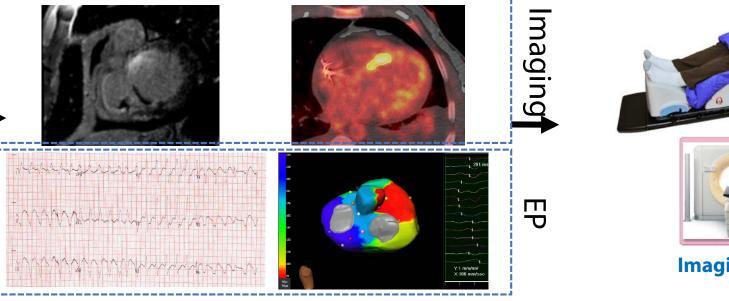
Medications (Amiodarone)



**Catheter Ablation** 



**Patient selection** 

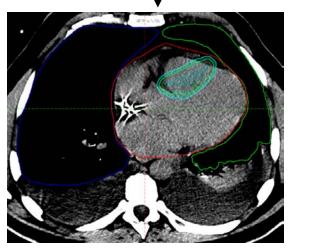


#### Workup / Targeting

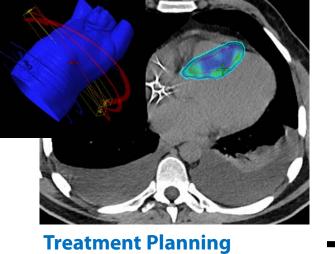




**Imaging / Simulation** 



Segmentation



Delivery

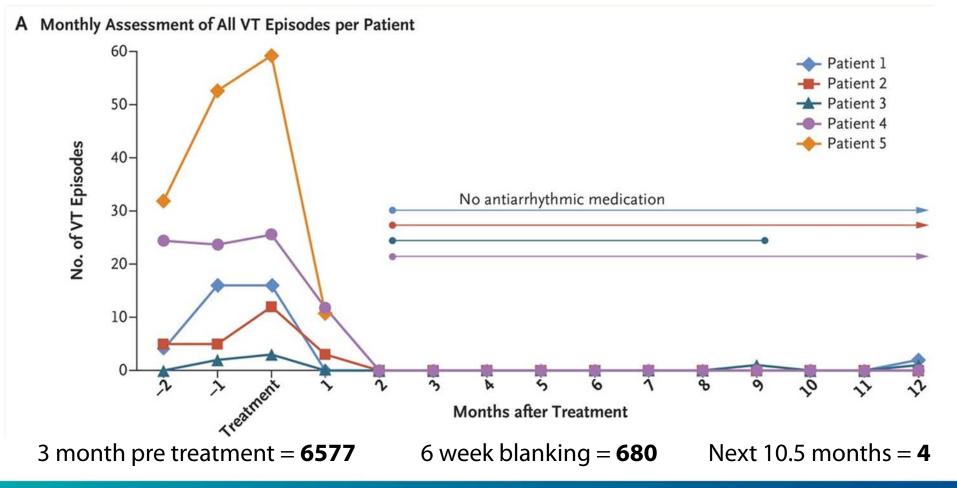
ORIGINAL ARTICLE

#### Noninvasive Cardiac Radiation for Ablation of Ventricular Tachycardia

Phillip S. Cuculich, M.D., Matthew R. Schill, M.D., Rojano Kashani, Ph.D., Sasa Mutic, Ph.D., Adam Lang, M.D., Daniel Cooper, M.D.,
Mitchell Faddis, M.D., Ph.D., Marye Gleva, M.D., Amit Noheria, M.B., B.S.,
Timothy W. Smith, M.D., D.Phil., Dennis Hallahan, M.D., Yoram Rudy, Ph.D., and Clifford G. Robinson, M.D. 5 patients w/refractory VT treated offlabel for clinical need in 2015

Single SBRT treatment, 25 Gy

### Average treatment time 14 min



# Phase I/II Trial – "ENCORE-VT"

### Inclusion

- ≥3 VT episodes over 6 months
- Failed medication
- Failed (or too sick for) at least one catheter ablation

## • Phase I - Safety

- Serious toxicity in first 90 days
- Phase II Efficacy
  - Any reduction in VT, 6 months before vs after

- **19 patients** 90% Male and Caucasian
- Significant cardiac impairment Average heart function (EF) less than half of normal
- **High burden of VT** 53% presented in "storm"
- Heavily medicated 58% on 2+ drugs and >300 mg of amiodarone
- Average treatment time 15 min as outpatient



Serious adverse events, <u>probably or</u> <u>definitely</u> related to SBRT

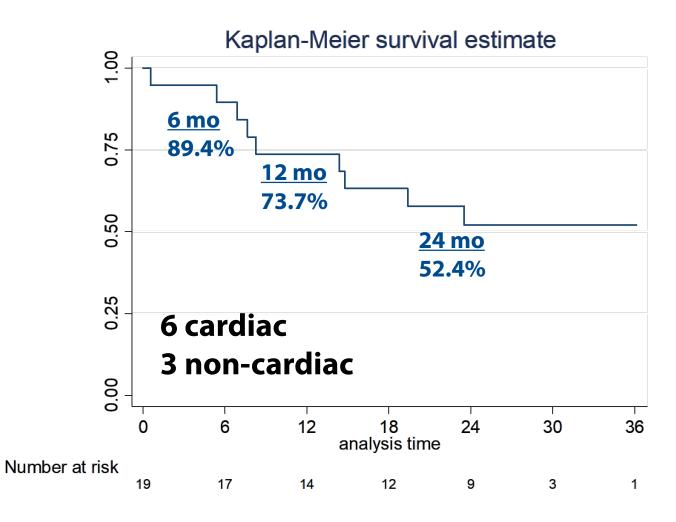
#### <90 days

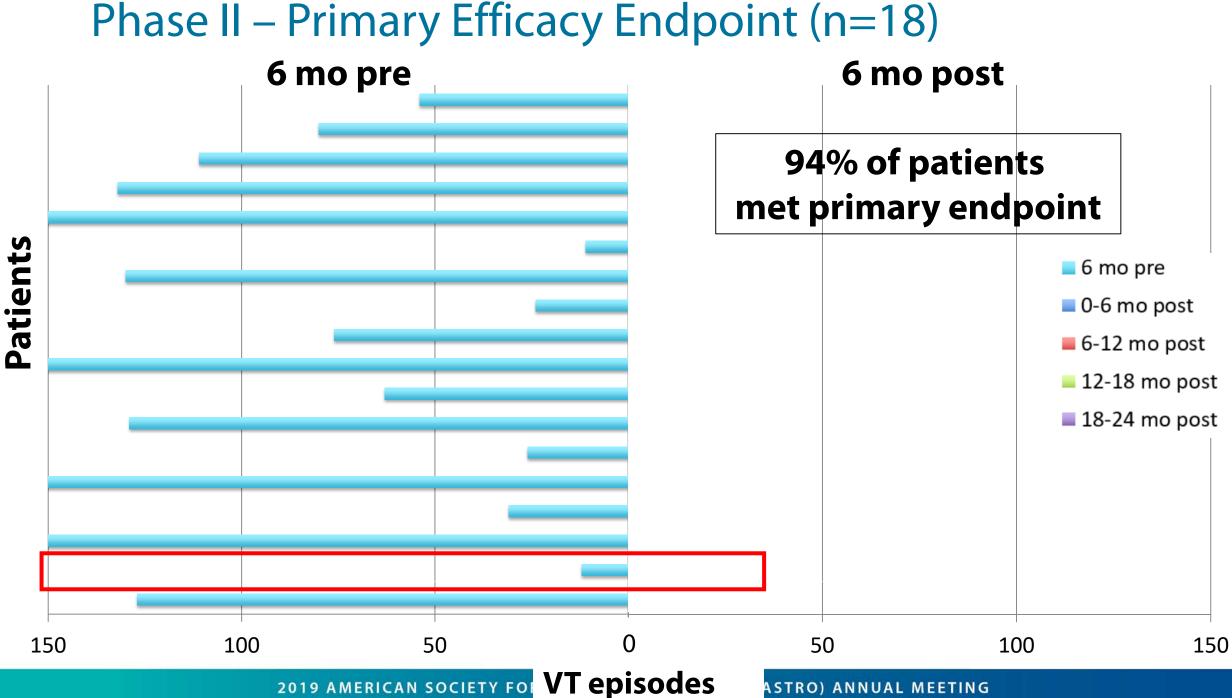
- Grade 3
  - 1 pericarditis (80d)

#### >90 days

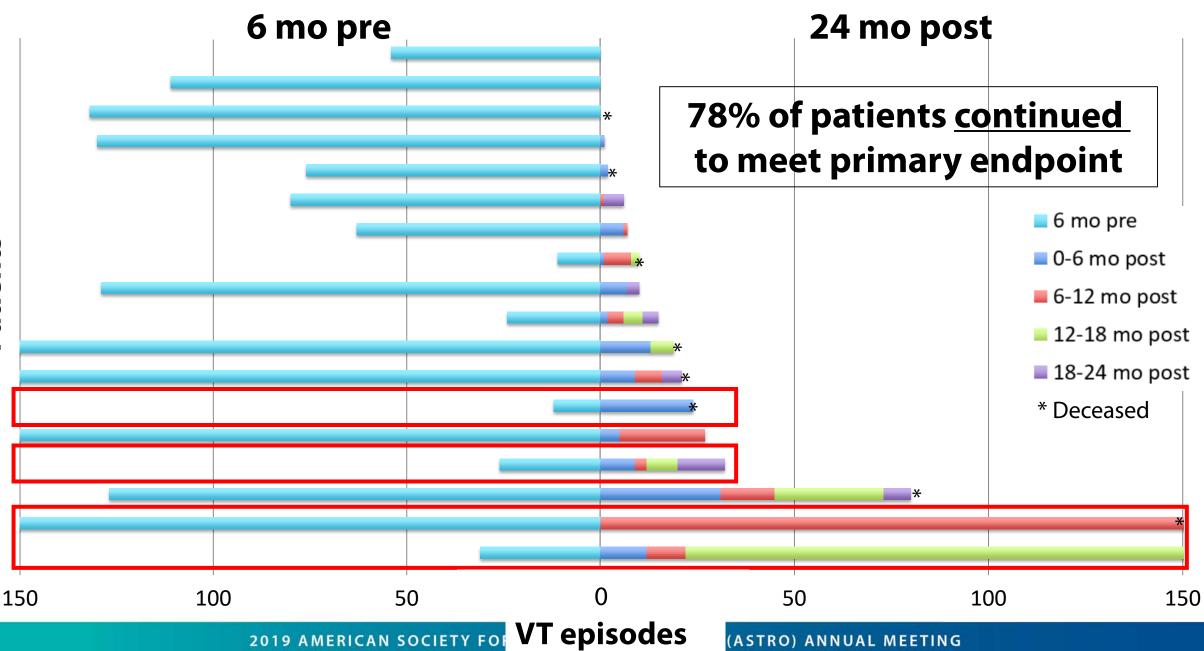
- <u>Grade 3</u>
  - **2 pericardial effusions** (2.2y and 2.4y)
- <u>Grade 4</u>
  - 1 gastropericardial fistula (2.4y)

### Median follow-up, 23.5 mo (range, 0.6-36.1)



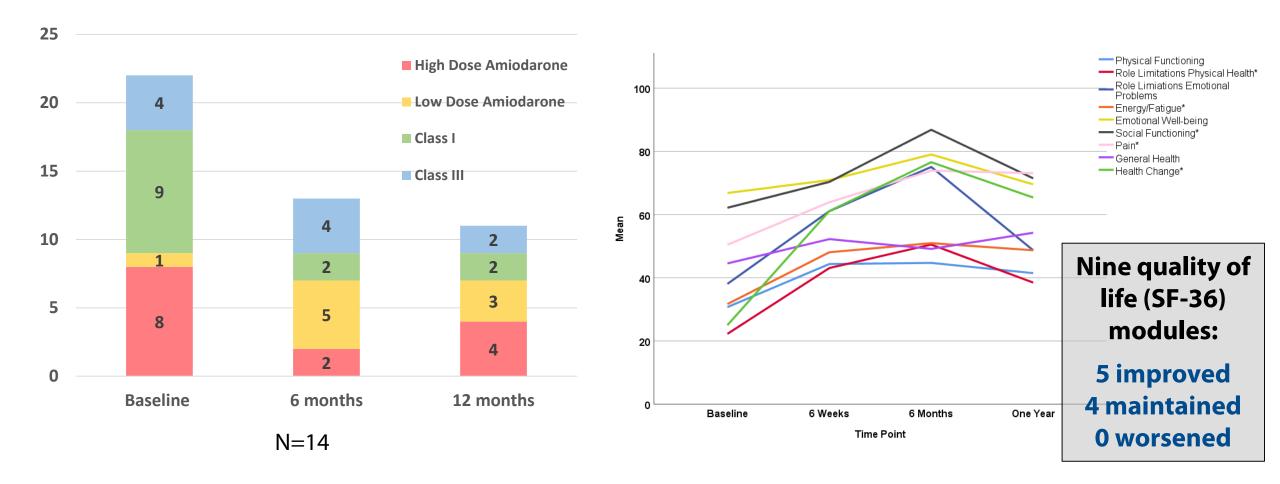


## Phase II – Efficacy over time



Patients

# Medications and QoL



## Conclusion

We were able to **significantly reduce VT** using a workflow combining **noninvasive** imaging with a single noninvasive radiation therapy treatment

The **effect persisted for 2 years** in most patients

Serious toxicity was low, but may occur after 2 years. Long term follow-up is needed

ENCORE is currently **best suited for high-risk patients** who have failed conventional treatments for VT, and ideally on study